

# Hospital at Home Programme

Progress update July 2023

## Hospital at Home (H@H):

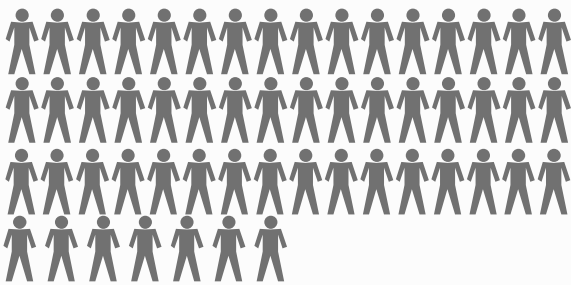
- is a short-term, targeted intervention providing acute level hospital care in an **individual's own home** or homely setting.<sup>1</sup>
- has **high satisfaction** and patient preference across a range of measures.<sup>1</sup>
- reduces pressure on unscheduled acute care in hospitals by **avoiding admissions** and **accelerating discharge**.<sup>1</sup>
- has consistent evidence of **lower costs** compared to inpatient care.<sup>1</sup>

## What we do:

- **Optimise and expand H@H services:** Support NHS boards/HSCPs to optimise and expand their existing H@H services.
- **Develop new H@H services:** Support remote and rural areas across Scotland to implement new H@H services.
- **National Learning System:** Enable H@H services to share and learn from each other.
- **National Infrastructure:** Develop national infrastructure to enable sustainable H@H services.

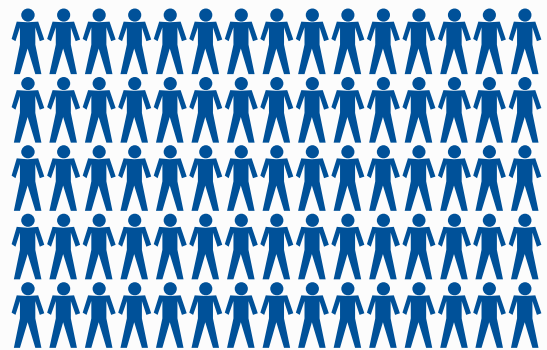
## Impact so far...

34% increase in patients managed by hospital at home services.<sup>2</sup>



**2,603 patients** were managed by H@H services from April 2022 to June 2022.

compared to...



**3,498 patients** managed by H@H services from April 2023 to June 2023.

H@H services prevented nearly 3,500 people spending time in hospital during April-June 2023, relieving pressure from A&E and the Scottish Ambulance Service.

## Delivering patient centred care.<sup>3</sup>

The service the staff provided was exceptional...they were kind, caring and professional. We are so grateful for the help and support provided by this service and their professional staff.

Patient supported by NHS Lanarkshire Hospital at Home.

I was utterly delighted that they came to look after my mother, aged 81, at a time when she was most unwell. All the staff were fantastic, reassuring Mum and me at every stage and ensuring we were kept up to date with any developments. I can't thank them enough for the care and compassion they gave Mum!

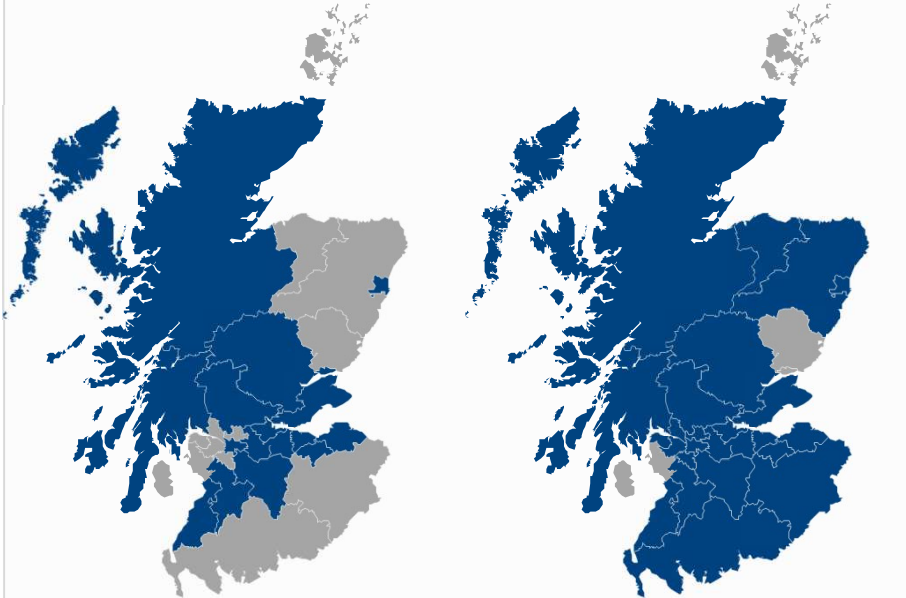
Patient supported by Midlothian Hospital at Home service.

# This has been achieved by...

## Working with more areas across Scotland<sup>1</sup>

Areas with a H@H service in March 2023

Areas in the HIS H@H expansion programme



More areas than ever now either have a H@H service or are working with Healthcare Improvement Scotland to develop one. This includes some of the most remote and rural areas of the country. It is equivalent to 340 “virtual hospital at home beds”. The expansion programme includes 27 health and social care partnerships, meaning an expansion of up to 11 new services, including a paediatric service in NHS Lanarkshire.

## Growing to be the busiest “geriatric ward” in Scotland<sup>4</sup>

Hospital at home  
265

QEUH\*, Glasgow  
252

Forth Valley Royal  
153

Glasgow Royal Inf.  
152

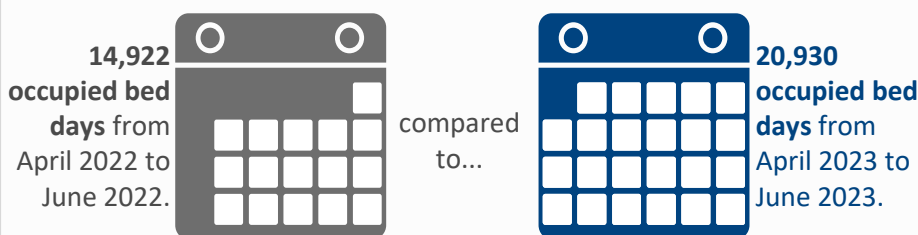
Western General  
135

Hairmyres  
132

As of summer 2023, H@H in Scotland predominantly manages older people. On average, H@H is the busiest geriatric medicine ward in Scotland with an average of 265 patients a day. This includes quieter days at weekends. The weekday average is 276 patients with a maximum of 296 patients managed on the busiest day.

\*Queen Elizabeth University Hospital

## Increasing bed days by 40%.<sup>1</sup>



Occupied bed days are counted in H@H when a patient stays overnight in the service. Since 1 April 2023 there has been a change to the way in which these are measured for greater accuracy. This may contribute towards a higher increase in this period compared with the previous year.

## Supporting H@H services

The support from [the HIS team] was huge. Really boosting the confidence of the team...and it certainly made it less scary<sup>5</sup>



### Information sources:

1. Rapid Response - Admission avoidance hospital at home for older people with frailty, Healthcare Improvement Scotland, February 2022.
2. Monthly improvement data each H@H service submits to Healthcare Improvement Scotland since March 2021.
3. Care Opinion
4. Table 4 of Acute hospital activity and NHS beds information (annual), Public Health Scotland, September 2022.
5. Interview participant, Hospital at Home: Evaluation Survey, March 2023