



# Q Scotland members Lunchtime meet up



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**Tuesday 19 December 2023**

**12:30 – 13:30**

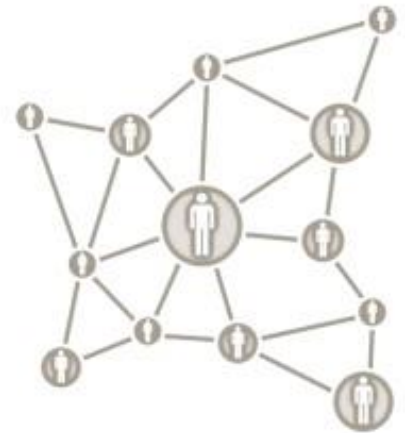
**MS Teams**

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## What you will get out of this meet up?

This event is an opportunity to bring a cuppa and take some time out to:

- Connect and network with other Q members
- Hear the latest updates on what is happening in the Q community across the UK
- Share any activity you have planned locally and invite other Q members to join



## How do I join?

Sign up on our [registration page](#) to receive details on how to join on the day.

As this event is taking place on MS Teams you do not need to have an account, but you may need to download the app if you plan to join us using a mobile device. You may prefer to access the session using the app on your laptop or PC.

The app can be downloaded [here](#).

## Questions?



Please contact us with any questions [his.qscotland@nhs.scot](mailto:his.qscotland@nhs.scot)



Connect with us on Twitter: [@theQcommunity](https://twitter.com/theQcommunity)