



If you need to contact a member of the Hospital at home team please use the correct number from those listed below

Edinburgh	Daily 8am-8pm	07989 170 797
East Lothian	Daily 8am-8pm	01620 642 798
Midlothian	Daily 8am-6pm	07773 193 921
West Lothian	Mon - Fri 8am - 6pm; Sat - Sun 9am - 5pm	01506 524 149

Please note the times when these numbers will be in use. Out with these times, please call 111 to speak with an advisor from NHS 24, or in the event of an emergency please dial 999. It would help if you can tell them that you are under review from the hospital at home team.



Hospital at Home



What you need to know



Who are we?

Hospital at Home is a multidisciplinary acute care team, made up of NHS Lothian doctors, Advanced Nurse Practitioners, Nurse Practitioners, Nurses and Clinical Support Workers. We will liaise with other members of the team as needed.

How is our service accessed?

Your GP, hospital wards, the Emergency Department and the Scottish Ambulance Service can refer you to our team.

What do we do?

You will be seen urgently in your own home or care home, as an alternative to being admitted to hospital or as an early supported discharge from hospital when ongoing medical or nursing input is still required.

We will carry out assessments, investigations and diagnose illness. We will provide the interventions and rehabilitation that you require. We will discuss your goals with you and your family to help plan future care.

Our team will only need to be involved for a short period. This may range from a one off review or many reviews over a number of weeks.

We will inform your GP that our team are involved and update them regularly. Please contact our team if you have any problems whilst you are under our care.

Once discharged from H@H, we will write to your GP with a full summary of our assessments, interventions and medication changes so they can continue your care.

Why?

Research has shown, with the correct resources, treatment in the community is as effective as being in hospital. Studies show some patients prefer to be in their own home.

Admission to hospital can mean loss of mobility and independence. Patients with dementia often experience worsening confusion when spending time out of their usual environment.

