

Hospital at Home: Older people/Acute adult

Progress update December 2023

Hospital at Home (H@H):

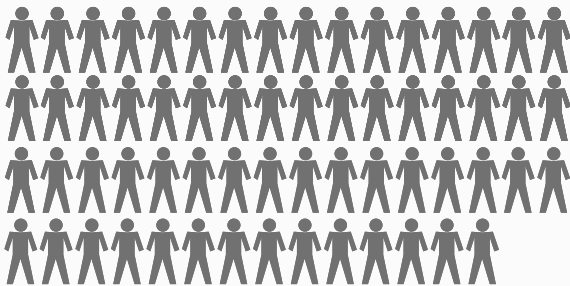
- is a short-term, targeted intervention providing acute level hospital care in an **individual's own home** or homely setting.¹
- has **high satisfaction** and patient preference across a range of measures.¹
- reduces pressure on unscheduled acute care in hospitals by **avoiding admissions** and **accelerating discharge**.¹
- has consistent evidence of **lower costs** compared to inpatient care.¹

What we do:

- Optimise and expand H@H services:** Support NHS boards/HSCPs to optimise and expand their existing older people/acute adult H@H services.
- Develop new H@H services:** Support remote and rural areas across Scotland to implement new older people/acute adult H@H services.
- National Learning System:** Enable older people/acute adult H@H services to share and learn from each other.
- National Infrastructure:** Develop national infrastructure to enable sustainable older people/acute adult H@H services.

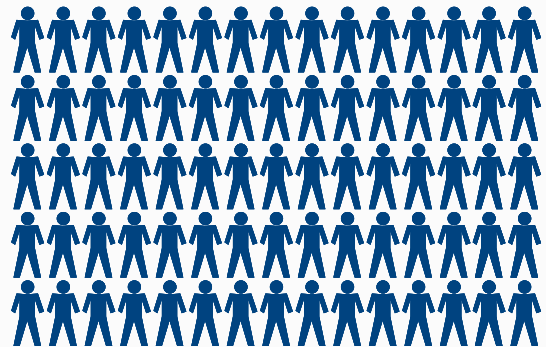
Impact so far...

26% increase in patients managed by hospital at home services²



8,439 patients were managed by H@H services from April 2022 to December 2022.

compared to...



10,648 patients managed by H@H services from April 2023 to December 2023.

H@H services prevented over 10,000 people spending time in hospital during April to December 2023, relieving pressure from A&E and the Scottish Ambulance Service. Comparing December 2022 to December 2023, there was a 51% increase in patients managed by H@H (1,070 people in December 2022 compared with 1,619 in December 2023).

Delivering patient centred care³

I have had Hospital at Home nurses every day for a fortnight. Each one has been first class. Highly professional care with a friendly approach.

Patient supported by NHS Fife's Hospital at Home service

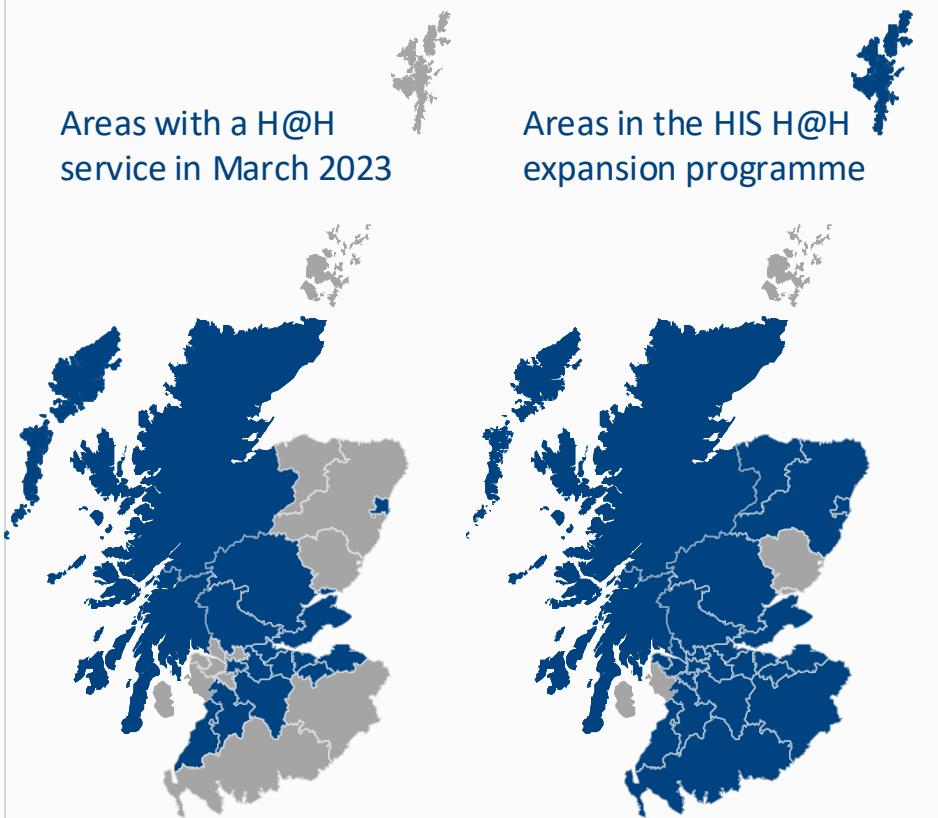
The service was first class. The doctors and nurses [are] absolutely wonderful. They have given me 100% attention and care, I cannot fault anything.

They always gave me the impression they were completely focused on me and were not the least but hurried. I think everyone should know how wonderful this service is.

Patient supported by NHS Forth Valley's Hospital at Home service

This has been achieved by...

Working with more areas across Scotland¹



More areas than ever now either have a H@H service or are working with Healthcare Improvement Scotland to develop a service, resulting in the equivalent of 455 older people/acute adult "beds" in quarter three. This includes some of the most remote and rural areas of the country, such as new services starting in NHS Dumfries and Galloway and to NHS Shetland.

Increasing to more than UH Wishaw⁴

Victoria Hospital

Fife

554 beds

Royal Alexandra Hospital

GG&C

527 beds

Hospital at Home

Scotland

455 equivalent beds

University Hospital Wishaw

Lanarkshire

444 beds

Raigmore Hospital

Highland

407 beds

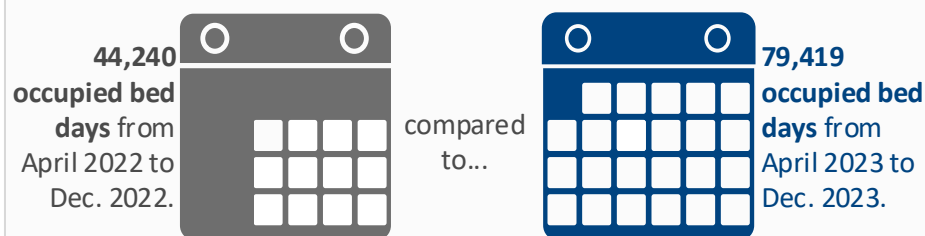
University Hospital Ayr

Ayrshire & Arran

320 beds

With H@H expanding to the equivalent of 455 older people/acute adult beds, the combined number of H@H beds in Scotland is similar to a hospital the size of University Hospital Wishaw and larger than Raigmore Hospital in NHS Highland.

Increasing bed days by 80%¹



Occupied bed days are counted in H@H when a patient stays overnight in the service. Since 1 April 2023 there has been a change to the way these are measured for greater accuracy. This may contribute towards a higher increase in this year compared with the previous year as it is likely this was underreported.

Engaging with services⁵

There are currently more than **410** members on the H@H Community Forum.

Staff in H@H services use the forum to share learning and resources. Recent examples have included:

- point of care testing
- rural service models
- sharing learning with UK H@H society, and
- peer support for AHPs working in H@H.

Information sources:

1. Rapid Response - Admission avoidance hospital at home for older people with frailty, Healthcare Improvement Scotland, February 2022.
2. Monthly improvement data each H@H service submits to Healthcare Improvement Scotland since March 2021
3. Care Opinion, <https://www.careopinion.org.uk/>
4. Acute hospital activity and NHS beds information (annual), Table 4, Public Health Scotland, September 2023
5. Healthcare Improvement Scotland MS Teams Community analytics