

Hospital at Home: Older people/Acute adult

Progress update March 2024

Hospital at Home (H@H):

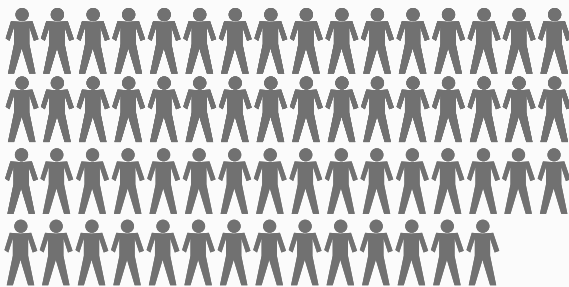
- is a short-term, targeted intervention providing acute level hospital care in an **individual's own home** or homely setting.¹
- has **high satisfaction** and patient preference across a range of measures.¹
- reduces pressure on unscheduled acute care in hospitals by **avoiding admissions** and **accelerating discharge**.¹
- has consistent evidence of **lower costs** compared to inpatient care.¹

What we do:

- Optimise and expand H@H services:** Support NHS boards/HSCPs to optimise and expand their existing older people/acute adult H@H services.
- Develop new H@H services:** Support remote and rural areas across Scotland to implement new older people/acute adult H@H services.
- National Learning System:** Enable older people/acute adult H@H services to share and learn from each other.
- National Infrastructure:** Develop national infrastructure to enable sustainable older people/acute adult H@H services.

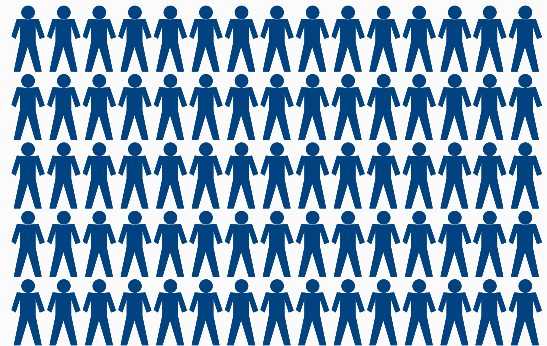
Impact so far...

24% increase in patients managed by hospital at home services²



11,686 patients were managed by H@H services from April 2022 to March 2023.

compared to...



14,467 patients managed by H@H services from April 2023 to March 2024.

H@H services prevented over 14,400 people spending time in hospital during April 2023 to March 2024, relieving pressure from A&E and the Scottish Ambulance Service. The busiest month of the year was January 2024 with over 1,700 patients supported by older people/acute adult hospital at home. This represents a 54% increase in patients compared to January 2023 (1,106 patients). February 2024 represented a 63% increase compared to February 2023.

Delivering patient centred care³

**I can't thank this service enough!
The nurses were amazing! I was so reassured.**

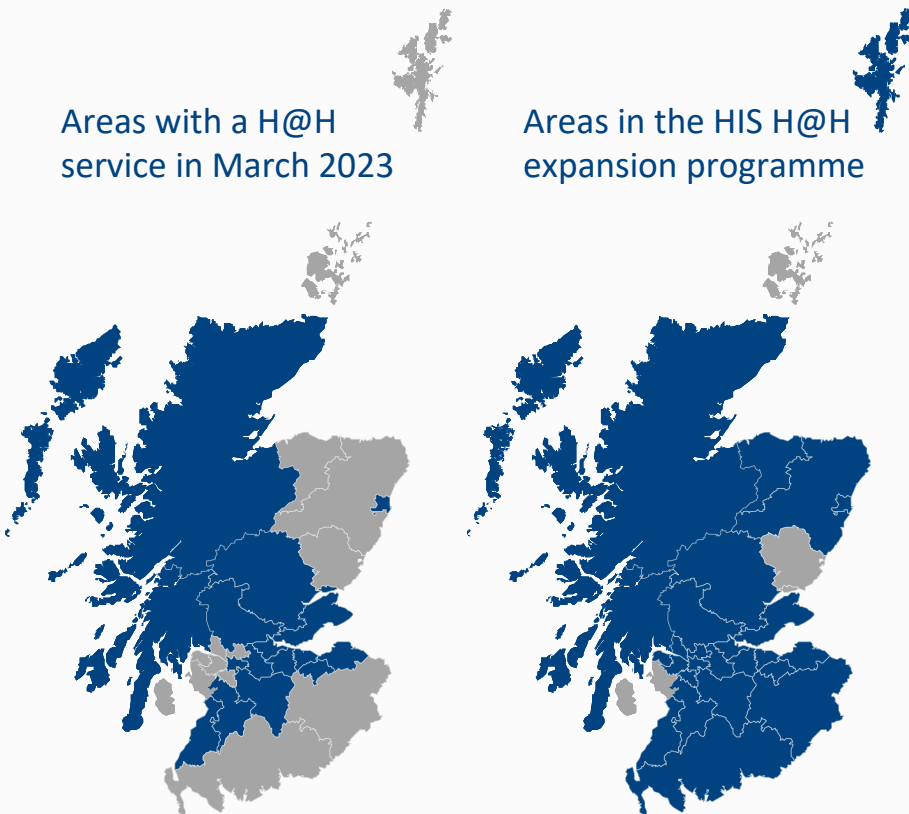
Patient supported by NHS Greater Glasgow and Clyde's Hospital at Home service

**The team could not do enough for me and they were just at the other end of the phone.
So so much better than going to hospital.**

Patient supported by NHS Forth Valley's Hospital at Home service

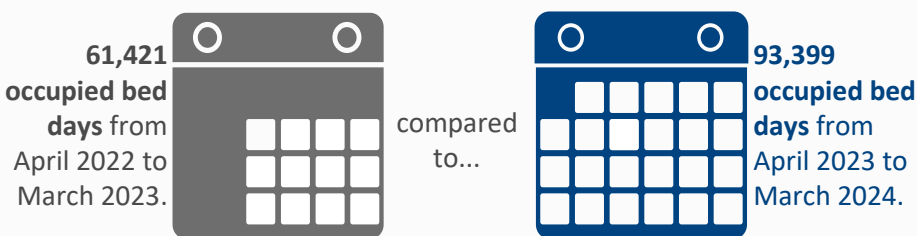
This has been achieved by...

Working with more areas across Scotland¹



More areas than ever now either have a H@H service or are working with Healthcare Improvement Scotland to develop a service, resulting in the equivalent of 495 older people/acute adult "beds" in quarter four. This includes some of the most remote and rural areas of the country, such as new services starting in NHS Dumfries and Galloway and to NHS Shetland.

Increasing bed days by 52%¹



Occupied bed days are counted in H@H when a patient stays overnight in the service. Since 1 April 2023 there has been a change to the way these are measured for greater accuracy. This may contribute towards a higher increase in this year compared with the previous year as it is likely this was underreported.

Growing to be the eighth biggest "hospital" for older people emergency inpatients.⁵

Queen Elizabeth University Hospital
GG&C
24,093

Ninewells Hospital
Dundee
19,292

Aberdeen Royal Infirmary
Aberdeen
17,988

Glasgow Royal Infirmary
GG&C
16,421

Royal Infirmary of Edinburgh
Edinburgh
16,410

Victoria Hospital
Kirkcaldy
16,249

Forth Valley Royal Hospital
Forth Valley
15,465

Hospital at Home
Scotland
14,467

University Hospital Crosshouse
Crosshouse
12,119

The number of episodes of care delivered by H@H is similar to the latest published data on the number of emergency admission episodes for people over 65 delivered by Forth Valley Royal Hospital.

H@H Knowledge and Skills Development Framework⁴

We have launched the Knowledge and Skills framework for Healthcare Support Workers, Nurses and Allied Health Professionals.

Information sources:

1. Rapid Response - Admission avoidance hospital at home for older people with frailty, Healthcare Improvement Scotland, February 2022.
2. Monthly improvement data each H@H service submits to Healthcare Improvement Scotland since March 2021
3. Care Opinion, <https://www.careopinion.org.uk/>
4. Knowledge and Skills framework, <https://learn.nes.nhs.scot/65611/hospital-at-home-nursing>
5. Table 2 of Acute hospital activity and NHS beds information (annual) Public Health Scotland, September 2023.