

SPSP National Learning Event 2024

Breakout Information

Morning Breakout Options

SPSP Essentials of Safe Care (EoSC). Focus on Leadership & Culture	
Hybrid session	<p>Title: Values Based Reflective Practice (VBRP) and the Creation of Psychologically Safe Spaces</p> <p>Leadership is a key driver for the creation of a culture of psychological safety at all levels of a healthcare organisation. But do we rely too much on leaders to create psychological safety? What is our role in the creation of a psychologically safe culture? In this workshop, attendees will experience <u>Values Based Reflective Practice</u> in action: A safe, confidential and structured process that promotes reflection and dialogue within teams on their individual and organizational values. This will be facilitated by the VBRP lead from NHS Grampian. Attendees will hear of the learning and successes when implementing Values Based Reflective Practice and how this has affected psychological safety within teams. We will then consider how this resonates with where teams are currently at in terms of psychological safety.</p> <p>Of interest to: Anyone interested in psychological safety or reflective practice.</p>
Hybrid session	<p>Title: Staff Wellbeing for Safety</p> <p>This session will focus on staff wellbeing and build on the learning from the recent SPSP EoSC webinar on the role of leadership in supporting culture. Participants will have the opportunity to hear from colleagues about changes that can make a positive impact on staff wellbeing. They will also have the chance to develop and get feedback on practical change ideas they could test in their workplace.</p> <p>Of interest to: Colleagues working in health and social care.</p>
Hybrid session	<p>Title: Creating a Learning System within and between Boards</p> <p>In this interactive breakout session, delegates will explore what a learning system is and how it can drive leadership to promote a culture of safety at all levels. Attendees will share local systems for identifying the bright spots and plan for their own local learning system. They will also share what works for them with national learning systems and identify ways to improve learning between boards, at a national level.</p> <p>Of interest to: Colleagues with an interest in developing and/or improving their own learning systems.</p>

Afternoon Breakout Options

SPSP Programme Specific Breakout Sessions

Hybrid session	<p>Title: Using Real-time System Capacity Data to Inform Decision-making for Safe and Timely Discharge from Mental Health Services</p> <p>In this session we will hear from NHS Highland on their use of Operational Pressures Escalation Levels Framework (OPEL), a structured mechanism to respond to capacity issues and ultimately facilitate safe and timely discharge from inpatient and community mental health services. Attendees will hear of their reflections including benefits of using the framework, how this has changed staff response to incidents, along with the challenges and learning when using the system over the past 12 months.</p> <p>Of interest to: Those working within mental health services or have experience of mental health services.</p>
Hybrid session	<p>Title: SPSP Acute Adult Falls and Deteriorating Patient: Holding the Gains</p> <p>In this session, attendees will have an opportunity to reflect on their achievements since the conclusion of the SPSP Acute Adult Collaborative. With a focus on next steps for falls and deteriorating patient improvement, attendees will have time to connect with colleagues to develop and share ideas about further improvement, scale and spread.</p> <p>Of interest to: Colleagues who are leading/participating in falls and deteriorating patient improvement work</p>
Hybrid session	<p>Title: Inequalities and Patient Safety: The Quality Improvement Approach</p> <p>This interactive breakout session will explore how inequalities impact patient safety within our health service. Guest presenters will provide practical advice on how to approach inequalities within improvement work. Through guided group discussions, attendees will have the opportunity to reflect on inequalities in their own system.</p> <p>Of interest to: Preferably colleagues from SPSP Perinatal and Paediatric Programmes, although other delegates may find the session interesting.</p>