

MALNUTRITION UNIVERSAL SCREENING TOOL (MUST)

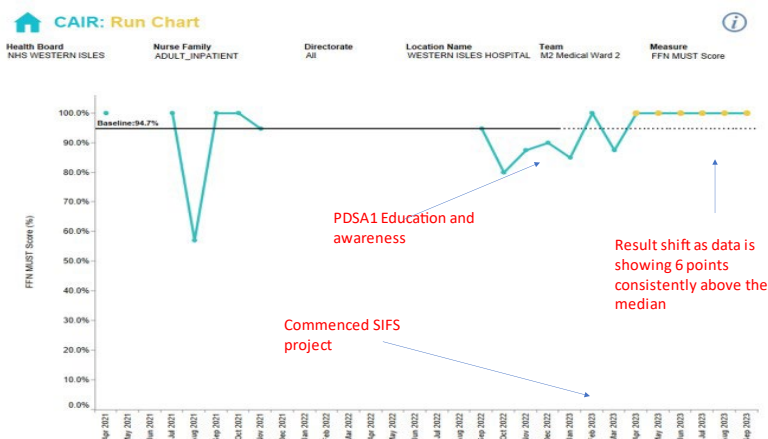
Background/Aim:

- By the end of September 2023, 95% of patients in medical ward 2 will have their Malnutrition Universal Screening Tool, (MUST) completed within 24 hours of admission as per NHS WI Food, Fluid and Nutrition policy

- Specific
- Timebound
- Aligned
- Numeric

- I had initially stated 90% of patients but on reflection I realised the national measurement for completion of the MUST screening tool was 95% therefore if I made the numeric value 95% then this would further benefit the improvement project.

Results:



Method:

Date & Time of admission	Date & Time of assessment	Usual weight recorded	Weight on Admission recorded	Height recorded On MUST	Step 1 BMI score recorded	Step 2 Unplanned wt loss in past 3-6 months % recorded	Step 2 Unplanned wt loss score recorded	Step 3 Acute disease effect score recorded	Step 4 Overall risk of malnutrition recorded	Step 5 Management guidelines followed	Does this patient have a valid MUST score?
		Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N

Conclusion

- Highlight what the best thing is that has happened so far on your improvement learning journey.

The best thing for me is not only that the completion of the MUST score is above the National average for Med 2 but that I was able to get alongside the staff and support them to provide even better care than they already are.

- What is next for you?

To continue to promote the MUST screening tool and to encourage and educate at each opportunity.

Process Change

I completed a brief survey initially to assess if there were any areas of education were required. It was evident in the early stages of the survey that education on the accurate completion of the MUST document was required and, also how to carry out alternative weight measurements.

QI Reflection:

The QI tools I used were PDSA, process mapping and Outcome measures. I ensured that the conditions were right the times that I visited the ward to carry out the audit.

References



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