

Nurturing a culture of Quality Improvement within Older Adult Mental Health Service

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Aim

To nurture the progress made in embedding a culture of Quality Improvement within Older Adult Mental Health Service and ensure the service promotes continual improvement in line with local and national strategies.



Background

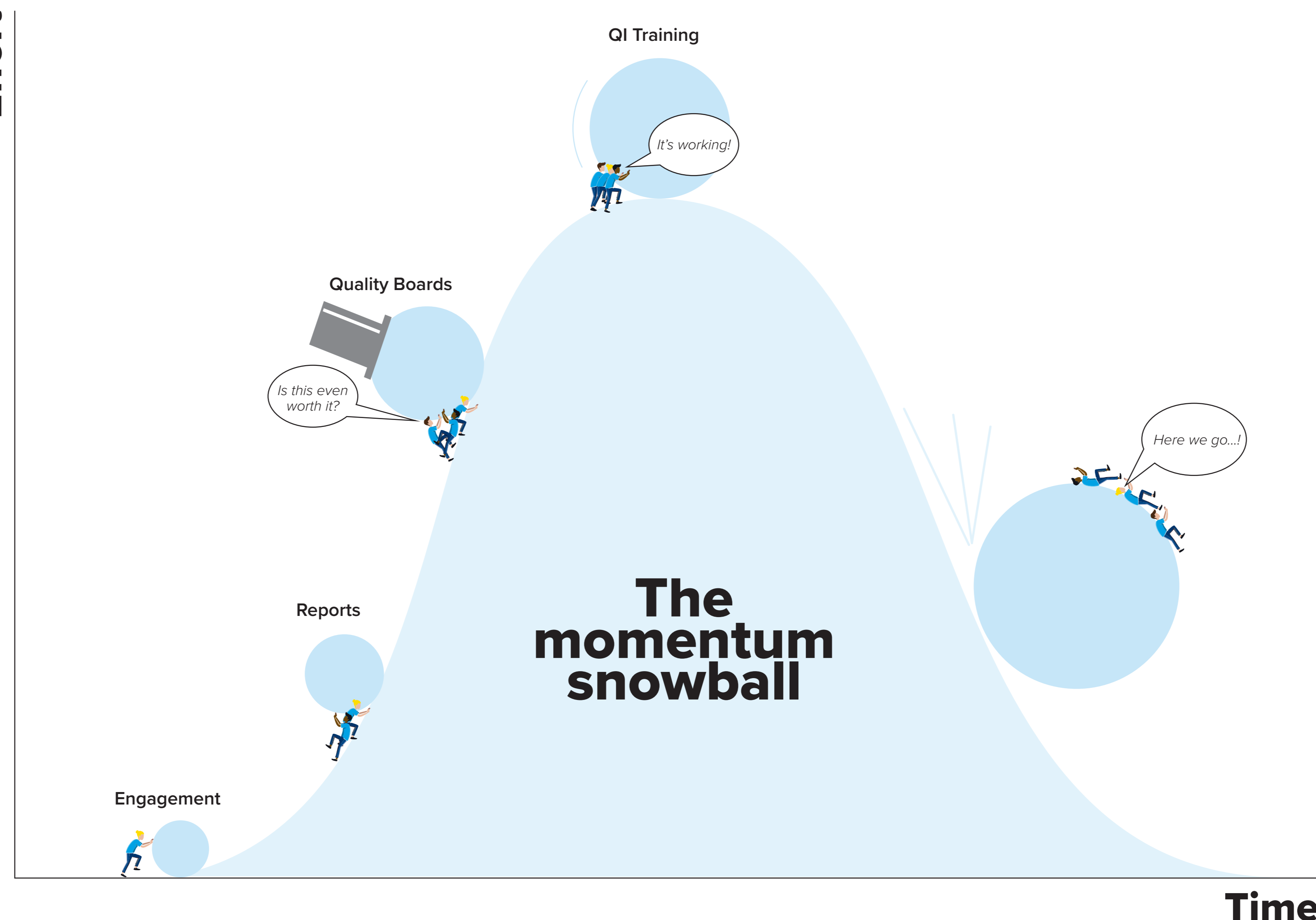
The Older Adult Mental Health team have worked hard to embed a culture of Quality Improvement within all areas of their service. By prioritising training opportunities and supporting ward level improvement ideas, the service has undergone a number of successful tests of change ideas.

The service is keen to align improvement ideas with both local and national strategies and make every effort to promote the Scottish Patient Safety Programme (SPSP) Essentials of Safe Care principles.

By encouraging staff to voice and action improvement ideas proactively, the service hopes that Quality Improvement Methodology will remain an integral part of service delivery and be the building blocks to long term sustained improvements.

Key Improvement Projects

Data and Reporting - The service have utilised and adapted the SPSP data toolkits to provide a suitable tool for proactive data reporting. They have added a number of data sets to the toolkit, including Key Performance Indicators. By tracking data in this way, they are able to proactively respond to areas requiring improvement.



Pro re nata (PRN) Monitoring and Reporting

- The service have adopted the SPSP Red, Amber, Green sticker approach to PRN monitoring, and have subsequently utilised their Electronic Patient Record System to provide patient and service specific PRN reports. By tracking PRN usage and outcomes in this way the service are able to enhance patient care by creating person centred opportunities for non pharmacological interventions, promoting least restrictive practice and safe use of medicines.

Playlist For Life

- The Older Adult Community Mental Health Team in West Fife became the first Mental Health Community team in Scotland to become Playlist for Life accredited. Their QI project achieved an 80% reduction in medication usage for treatment of stress and distress symptoms

ANP Review

- The Older Adult Community Mental Health Team in East Fife utilised QI methodology when implementing the Mental Health Advanced Nurse Practitioner (MHANP) role within service. Their aim was to improve access to timely, person centred diagnosis of dementia and support access to post diagnostic support in line with national strategies.

Next Steps

The Older Adult Mental Health Service sees Quality Improvement as a fundamental aspect of service delivery and an essential component in their quest to foster and sustain transformational and cultural change. Their primary focus is now to empower frontline staff to independently lead on initiatives that matter to them.

