

## Prevention of Falls Networking day

Wednesday 13 September 2017

### Aims and National Overview

Colleagues from across NHS Scotland came together to share work on the prevention of falls. Delegates started the day by taking the Balance Challenge, with Mark Hamilton, an Improvement Advisor from Scottish Government leading the way.

Alison Hunter, Improvement Advisor, Healthcare Improvement Scotland, shared the [national perspective](#) on preventing/reducing falls and how this work continues to be at the heart of improvement work across all areas.



### Open space improvement surgery

There were five conversation stations for delegates to discuss questions around the five primary drivers from the falls driver diagram:

- Quality Improvement
- Improving clinical practice
- Data
- Patient and family involvement
- Infrastructure and culture.

The feedback from this session will be made available on the SPSP website.



### Falls bundles workshop

Twelve groups were each asked to consider the four falls bundles:

- Falls bundle for all patients (completed within 24 hours)
- Safety bundle for more vulnerable patients (and all patients in care of older peoples' wards)
- Multi-disciplinary assessment and intervention bundle for more vulnerable patients (and all patients in care older peoples' wards)
- Post-fall bundle

The feedback from the workshop will be made available on the SPSP website and used to further develop the falls bundles.



### NHS Lanarkshire

Sharon Morrison (left) and Sharon Murray shared the [story of their work](#) to understand the cause of falls and to reduce them in their own area. The collaborative method used by NHS Lanarkshire gave staff a sense of clarity of purpose and ownership of the improvement work. Staff in Ward 9, Wishaw General Hospital, have increased reliability in delivering the bundle and have seen a reduction in the number of falls. The team has introduced a Meaningful Activities Club which encourages people to socialise and mobilise.



The Acute Care portfolio is endorsed by Scottish Patient Safety Programme (SPSP) - a coordinated campaign of activity to increase awareness and support the provision of safe, high quality care, whatever the setting.