

In it together: Child and Adolescent Mental Health Services – building partnerships

Scottish Patient Safety Programme for Mental Health and Mental
Health Access Improvement Support Team

Tuesday, 28 November 2017
Edinburgh International Conference Centre, (EICC)



Development and Improvement Day for CAMHS, 24 January 2017. Image by More than Minutes.

Please tweet throughout the day using [#mhimprove](https://twitter.com/mhimprove)

Aims

- Ensuring that service users and carers are at the centre of all Child and Adolescent Mental Health Services ([person-centred](#))
- Celebrate and share practical examples of improvement projects, hearing from teams that have reduced harm/ are continuing to reduce harm in health and social care services across Scotland and beyond ([reducing harm](#)) and where teams have increased access to mental health services across Scotland and beyond ([mental health access](#))
- Networking across communities to learn from their experiences of person centred care, reducing harm and using quality improvement in mental health services ([network](#))
- Have an increased knowledge and understanding of quality improvement methods and how these can be applied to mental health services ([Quality improvement](#))

Get Connected

Follow the hashtag [#mhimprove](#) to stay updated on the Twitter conversation throughout the conference. Don't forget to include the hashtag in your own tweets so that we don't miss out on what you're saying.

Share your reflections on what the speakers are discussing, give us feedback in real time, ask questions – or simply share anything that you find useful.

Free Wi-Fi connection available

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Agenda

Time	Topic	Room	Speaker / Facilitator
09.00 – 10.00	Registration	Atrium	
09.00 – 10.00	Tea & Coffee / Marketplace	Concourse / Lennox Suite 3	
10.00 – 10.15	Setting the Scene	Lennox Suite 3	Jennifer Halliday, Mental Health Access Improvement Support Team (MHAIST) David Hall, Scottish Patient Safety Programme for Mental Health (SPSP-MH)
10.15 – 10.25	Opening Address	Lennox Suite 3	Maureen Watt, Scottish Government
10.25 – 11.05	In it together	Lennox Suite 3	Paul Gray, Scottish Government
11.05 – 11.30	Tea & Coffee / Marketplace	Concourse / Lennox Suite 3	
Morning Breakout Sessions			
11.30 – 12.45	Future Partnerships	Lammermuir 1	Chair: Gareth Adkins, Healthcare Improvement Scotland
	Innovative collaboration across communities	Lennox Suite 3	Chair: David Hall, SPSP-MH
	Listening and working with carers	Lowther	Chair: Karen Martin, Carers Trust Scotland
	Neurodevelopmental pathways	Menteith	Chair: Jennifer Halliday, MHAIST
	Safer medicines within CAMHS	Lammermuir 2	Chair: David Maxwell, Healthcare Improvement Scotland
12.45 – 13.45	Lunch & Networking	Concourse	
12.45 – 13.45	Marketplace	Lennox Suite 3	

Afternoon Breakout Sessions			
13.45 – 15.00	Anticipatory care planning for young people with mental health needs	Lennox Suite 3	Chair: Jennifer Halliday, MHAIST
	Data for change	Menteith	Chair: Gareth Adkins, Healthcare Improvement Scotland
	Going to Be: SAMH campaign on children and young people's mental health	Lowther	Scottish Association for Mental Health (SAMH)
	Listening and learning from lived experience	Lammermuir 2	Chair: Gordon Johnston, Healthcare Improvement Scotland Public Partner
	Model for improvement	Lammermuir 1	Chair: Marie Innes, MHAIST
15.00 – 15.15	Transition to final plenary		
15.15 – 16.15	ThinkWell	Lennox Suite 3	Lucinda Powell, Pixel Learning
16.15 – 16.30	Summary of day and close	Lennox Suite 3	Jennifer Halliday, MHAIST David Hall, SPSP-MH
16.30	Adjourn		

Speaker Biographies

Paul Gray

Director-General Health and Social Care/Chief Executive of the NHS, Scottish Government



Paul was appointed Director-General for health and Social Care and Chief Executive of NHSScotland in December 2013.

Paul has held a number of previous roles which include:

- Director General Rural Affairs, Environment and Services
- Director General Governance and Communities
- Director of Charge and Corporate Services
- Director of Primary and Community Care and Director of eHealth (simultaneously)
- Director for Social Justice
- Director of Information and Communications Technology

His career has covered such diverse areas as Criminal Injuries Compensation, fisheries quota management and licensing, and work with Her Majesty's Inspectorate of Education.

Dr David Hall

National Clinical Lead for SPSP-MH, Healthcare Improvement Scotland



I have been a consultant psychiatrist in Dumfries for over 20 years with significant roles in service redesign and medical management. I have a background in medical education, research and particularly with service innovation.

My interest in service improvement led me to become involved in the mental health collaborative – readmissions work and I was National Clinical Lead for that between 2008 and 2011.

Since 2012, I have been the National Clinical Lead for the Scottish Patient Safety Programme in Mental Health. I have also acted as an IHI Faculty Lead for the Danish Society for Patient Safety Mental Health Collaborative. I am part of a growing international community committed to improving the safety and quality of mental health services.

Jennifer Halliday
National Clinical Lead MHAIST, Healthcare Improvement Scotland



Jennifer is the National Clinical Lead for CAMHS and is a Consultant Child and Adolescent Psychiatrist at NHS Dumfries & Galloway. Jennifer graduated from Glasgow University in 1992 and initially trained as a General Practitioner. She began training as a psychiatrist in 1997 and took up post as a child and adolescent psychiatrist in 2005. Jennifer is an elected member of the Royal College of Psychiatrists in Scotland Child and Adolescent Faculty. She is presently on the Scottish Patient Safety Fellowship Programme, cohort 10.

Lucinda Powell
ThinkWell Ambassador and Facilitator, Pixel Learning



Pixel Learning is a unique collaboration between film and education that takes the very best of documentaries and re-imagines these in interactive workshops for young people to explore challenging subjects in a safe and supportive environment.

Our first programme of workshops and talks – *‘Thinkwell’* – launched in January 2016, focussing on mental health using the award-winning Channel 4 documentary *‘The Stranger on the Bridge’* which follows Jonny Benjamin’s search for the stranger who stopped him taking his life off Waterloo bridge and the phenomenal global social media campaign it sparked to help him on his quest. Since the launch in January 2016, we have delivered workshops and talks to schools and businesses nationally from HSBC to Kensington Palace.

Maureen Watt
Minister for Mental Health, Scottish Government



Maureen was born in Aberdeen and is from a farming background. She studied both at the University of Strathclyde and at the University of Birmingham. Maureen was a secondary school teacher in Social Studies in England before moving back to Scotland.

She entered the Scottish parliament in April 2006 as a regional MSP for North East Scotland and was the first MSP to take the oath in Doric as well as English. She served as Minister for Schools and Skills in the first ever SNP Government between 2007 and 2009 and as convener of the Scottish Parliament’s Rural Affairs and Environment Committee between 2009 and the elections in 2011. She was appointed as Minister for Public Health in November 2014. Maureen was appointed Minister for Mental Health in May 2016.

Exhibitor List

A number of organisations will be exhibiting their work and services at the conference. All exhibitor stands are in Lennox Suite 3.

Stand Number	Exhibitor
1	Quarriers
2	NHS Education for Scotland – Quality Improvement programmes and resources
3	NHS Borders
4	NHS Education for Scotland – CAMHS and Psychology workstream
5	North of Scotland Planning Group
6	NHS Lothian CAMHS EPSS
7	CAMHS - HSCP North Ayrshire
8	NHS Greater Glasgow and Clyde, Skye House
9	NHS Greater Glasgow and Clyde, CAMHS Team - Connect Eating Disorders
10	The Health and Social Care Alliance Scotland
11	Barnardo's
12	Mental Welfare Commission
13	Partners in Advocacy
14	Scottish Youth Parliament
15	Children's Health Scotland
16	Think Positive (NUS Scotland)
17	Healthcare Improvement Scotland - Mental Health Portfolio
18	Support in Mind Scotland

Evaluation

Have you enjoyed today?
 Have you learned anything new?
 How will today's conference help you in your work?

Please tell us the answers to these questions by going to:

<http://www.smartsurvey.co.uk/s/KPV6K/> by Friday 8 December 2017 or by

completing the evaluation form and returning it to the **Registration desk**

Contact Us

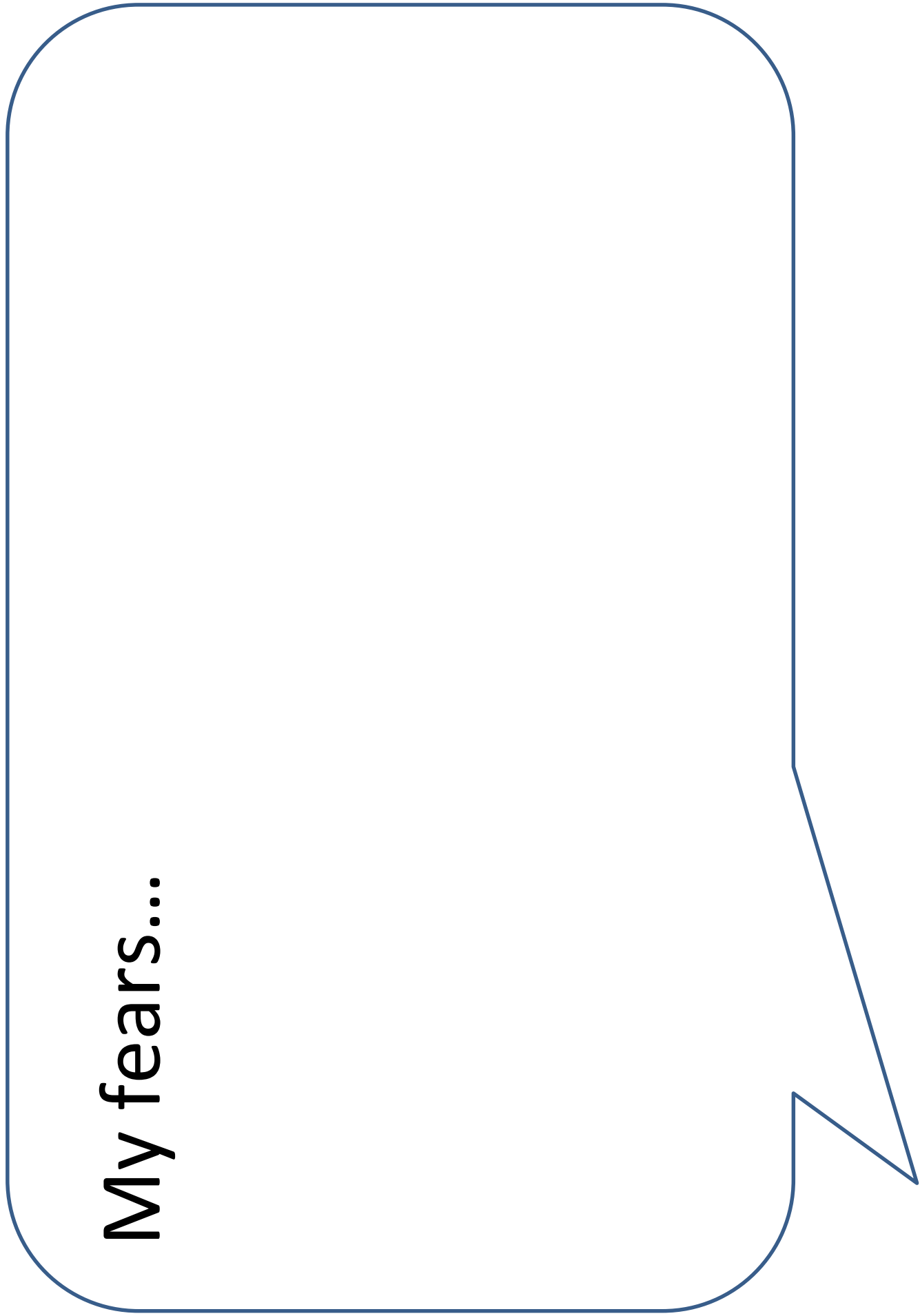
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Twitter	 follow us on twitter @spsp_mh	 follow us on twitter @ HIS_MHAIST

Notes



The Improvement Hub (ihub) is part of Healthcare Improvement Scotland

My fears...



My hopes...