

# Scottish Care

## Aberdeen City's Enablement Project



# Personalised Planning

## Enabling Support Plans

- Holistic Assessment
- Co-ordinated between all staff, management of the care providers and external agencies as relevant



# WHAT IS ENABLEMENT

It is a **WHOLE** person approach that supports the person and the staff in the optimising of abilities.



# THE RECIPE FOR SUCCESS

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# Scottish Mince

## Ingredients

- Minced meat
- Onion
- Water
- Seasoning

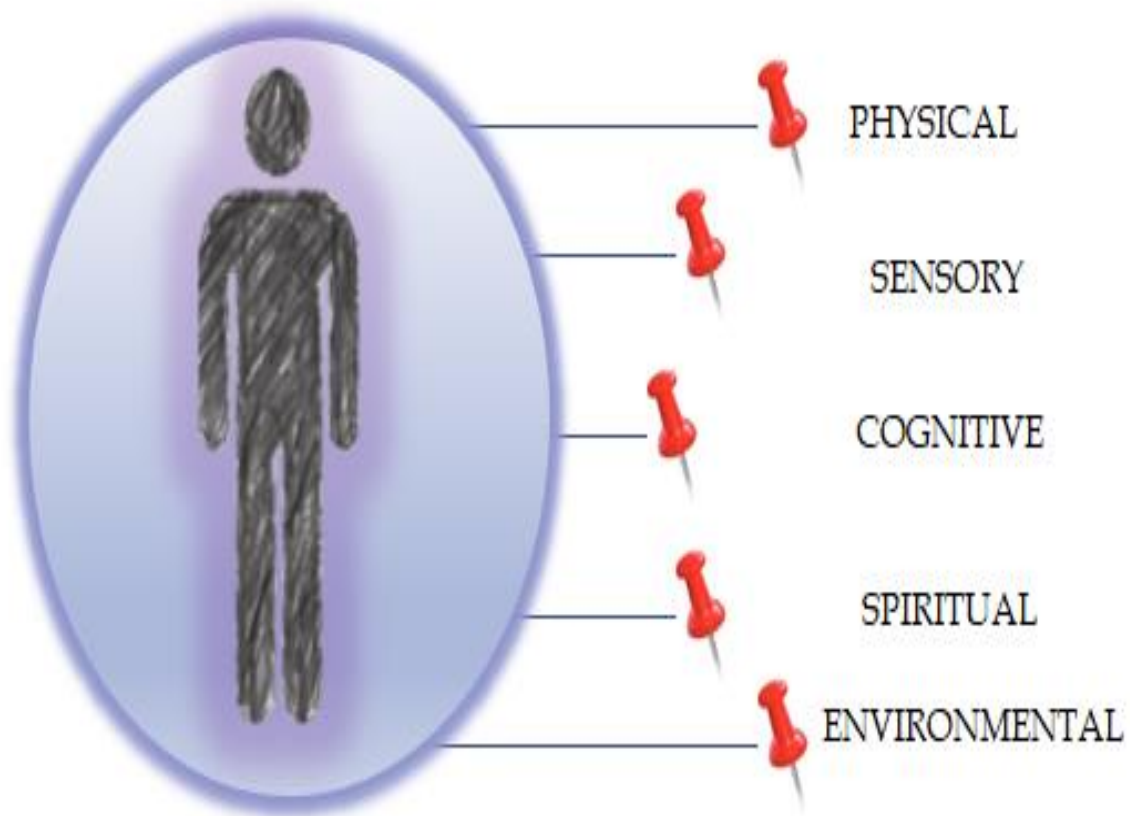
## Method

1. Dice onions and fry until soft
2. Add mince and fry until cooked
3. Add water and seasoning and simmer until thickened.



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# ENABLING SUPPORT PLAN

- Captures all the necessary information
- Provides the same information to ALL staff thus ensuring consistency
- Offers a baseline in which to review the person's changes – positive or negative

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# WHERE

## SHOULD WE KEEP THE PLAN?

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# Daily Recording



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# COMMUNICATION & COLLABORATION

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# Other potential ESPs

- Nutrition
- Daily exercise
- Meaningful & social activity
- Productivity
- Communication
- Medication
- Environment

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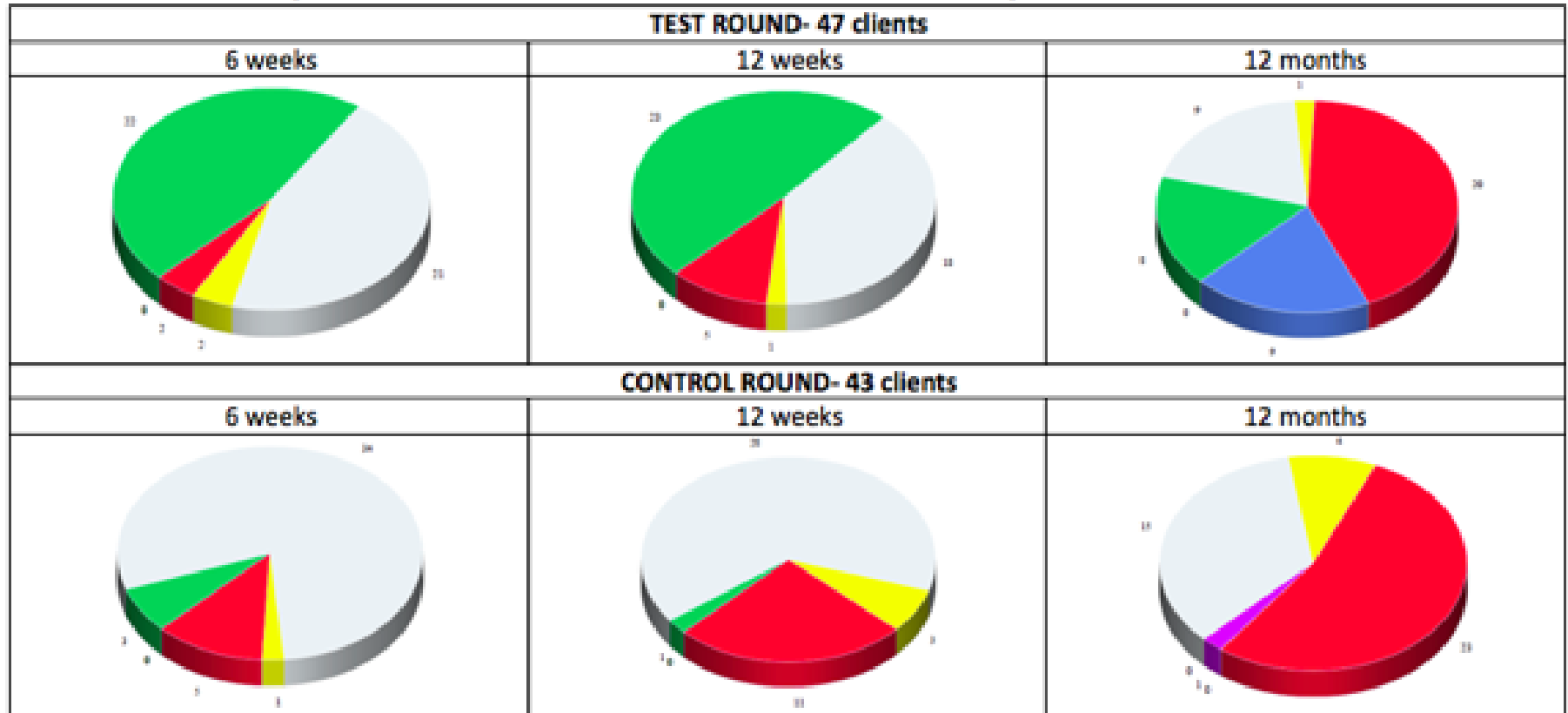
# DOES IT WORK?



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**RESULTS at midway- 6 weeks; end of Test- 12 weeks PLUS an unexpected re-visit after 12 months**



<b>KEY:</b>	<b>IoRN: (Indicator of Relative Need)</b>
	Clients abilities have improved
	Clients maintained their abilities
	Clients abilities have deteriorated
	Clients admitted to long term care/hospital/died
	Clients reduced care package
	Clients changed care company

# Hamish's story



- 82yr old who lived alone
- Parkinson's - fear of falls
- Past 4 years -
  - 3x per day care
  - 2x per week domestic
- Anxious, sat in a chair all day and did not venture out alone at all.

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Tell me and I  
**FORGET.**

Teach me and I may  
**REMEMBER.**

Include me and I will  
**LEARN.**

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