

Mrs S.

Current Housing

Mrs S is 85 and lives in her own home. This home is also the home her mother was born and raised in.

It is a two storey - all bedrooms and main bathroom are located upstairs. There is a toilet and sink located downstairs along with a large dining room and separate lounge room and kitchen. Her husband died 6 months ago in the house, since then she attends the local council-run lunch club once a week. Her daughter and family live next door.

Medical condition & status

Mrs S takes a repeat prescription of 8 tablets daily for her heart condition, blood pressure and for water retention (Oedema) in her legs. At home she walks holding onto furniture from room to room.

Her medication was reviewed by her GP on 01.03.15. She started on anti-depressants 09.11.15.

(01.12.15)-She has had three falls in the last week, at home one was on the stairs and the other was in the bathroom. The other fall this week was when she was walking into the community centre lunch club. She had to attend A & E (01.12.15) for the cut to her head after the fall outside in the community centre, she got three stitches.

**► What has happened...
Who, what, when...**

Mrs S has had an extra banister rail fitted a year ago through OT input (12.12.14). She had extra grab rails fitted internally (near her toilet and over bath shower) and at her front door through the local handyman (01.02.15).

Mrs S was seen by Physio at A & E 01.12.15 and was provided a walking stick and advised to attend local physio for strength and balance exercises. She did not inform staff of her fall on the stairs or in the bathroom.

She has now stopped attending the lunch club since 01.12.15.

► Current situation

Mrs S has not made the appointment for follow up Physio and only uses her walking stick outside.

At Mrs S annual medication review 01.03.16 she complained of feeling dizzy and having more falls on the stairs and getting into her bath. Her GP has made a referral to Occupational Therapy (OT) for Home Assessment and Physio for assessment. The GP has also reviewed her heart medication because of her dizziness. She attended Physio- 01.04.16, now has Physio treatment plan. She was seen by OT on 30.04.16. Mrs S wants to stay living in own home but her stairs are not suitable for a stair lift. She is happy currently washing at the sink in the toilet room downstairs.