As part of Healthcare Improvement Scotland's ihub, the Scottish Patient Safety Programme aims to improve the quality, safety and reliability of health and social care.

Healthcare Improvement Scotland
Gyle Square
1 South Gyle Crescent
Edinburgh
EH12 9EB

Follow us on twitter @SPSP_MH
www.ihub.scot/spsp

For more information:
• ask your prescriber, pharmacist, psychiatrist, nurse, keyworker, GP, or
• visit www.choiceandmedication.org/nhs24
<table>
<thead>
<tr>
<th>Blood tests</th>
<th>Constipation</th>
<th>Smoking</th>
<th>Symptoms</th>
</tr>
</thead>
<tbody>
<tr>
<td>Do you know why you need regular blood tests?</td>
<td>Did you know that clozapine can make you constipated?</td>
<td>Did you know that smoking can affect clozapine?</td>
<td>Do you know what to do if you get flu-like symptoms?</td>
</tr>
<tr>
<td>Clozapine can affect how the body makes blood cells and the tests help us spot this.</td>
<td>Tell your nurse, keyworker, psychiatrist or GP if you have problems going to the toilet.</td>
<td>Tell your nurse, keyworker, psychiatrist, GP or pharmacist if your smoking habits change.</td>
<td>Tell your nurse, keyworker, psychiatrist or GP if you get a high temperature, sore throat or flu-like symptoms.</td>
</tr>
</tbody>
</table>