

POINT OF CARE – HEART FAILURE

| AIM | PRIMARY DRIVERS | SECONDARY DRIVERS |
|---|--|---|
| <p style="text-align: center;">Deliver reliable, evidence-based care for patients with Heart Failure secondary to Left Ventricular Systolic Dysfunction (LVSD)</p> | <p style="text-align: center;">Expert review during admission</p> | <ul style="list-style-type: none"> • Review and confirmation of the diagnosis and aetiology • Further investigations to exclude reversible causes • Review of medications for potential interactions, side effects and unnecessary drugs • Consideration of DVT prophylaxis and the need for long term anticoagulant therapy • Use of intravenous and oral diuretics • Consideration of device therapies (ICD, CRT) • Consideration of advanced heart failure therapies (LVAD, transplant) • Consideration of palliative care involvement |
| | <p style="text-align: center;">Evidence based drugs prescribed during in-patient stay</p> | <p>Consideration or prescription of evidence based drugs</p> <ul style="list-style-type: none"> • ACE inhibitor • Beta blocker (or ivabradine if not tolerated/contraindicated and in sine rhythm), • MRAs (mineralocorticoid antagonists) • Angiotensin receptor blocker |
| | <p style="text-align: center;">Referral to specialist Heart Failure Nurse service before or at time of discharge</p> | <p>Care package that address all of the following:</p> <ul style="list-style-type: none"> • Smoking cessation advice and counselling • activity level • diet, including salt intake • discharge medications • self-care - weight monitoring, oedema monitoring adjusting diuretics • advice on what to do if symptoms worsen • regular blood chemistry checks • optimisation of drug therapy • consideration of device therapies (ICD, CRT) • links to patient support groups |