



NSAIDs Safety Information

Non-steroidal anti-inflammatory drugs (NSAIDs) are effective medicines for reducing pain and inflammation. Examples include ibuprofen, naproxen and diclofenac.



Following the advice on this card will help you to take your medicines safely and make it less likely that you will get side effects.

If you are in any doubt, contact your pharmacist, GP or nurse.





To take NSAIDs safely:

- Always take it with or after food.
 - Tell your pharmacist or GP if you get side effects like indigestion, nausea, stomach pain or black stools (bowel motions).
 - Check with your pharmacist or GP that it is safe to take with any other medicines you buy or are prescribed.
 - Stop taking it if you become ill with a dehydrating illness (vomiting, diarrhoea, fever). Start taking it again, if required, when you are fully recovered.
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