

# NSAIDs

## Safety Information



Non-steroidal anti-inflammatory drugs (NSAIDs) are effective medicines for reducing pain and inflammation. Examples include ibuprofen, naproxen and diclofenac.

**Following the advice on this card will help you to take your medicines safely and make it less likely that you will get side effects.**

If you are in any doubt, contact your pharmacist, GP or nurse.

## To take NSAIDs safely:

- Always take it with or after food.
- Tell your pharmacist or GP if you get side effects like indigestion, nausea, stomach pain or black stools (bowel motions).
- Check with your pharmacist or GP that it is safe to take with any other medicines you buy or are prescribed.
- Stop taking it if you become ill with a dehydrating illness (vomiting, diarrhoea, fever). Start taking it again, if required, when you are fully recovered.