



Delegates listen as Rita Ciccu-Moore shared the successes and challenges of reducing the incidence of pressure ulcers in NHS Forth Valley.



Diane Murray closed the day highlighting the importance of the use of data for quality improvement and the excellence in care framework for adult in-patients.

83 delegates from 13 NHS boards participated in the Scottish Patient Safety Programme Networking Day - Pressure Ulcers.

The agenda reflected delegates' suggestions from previous event evaluations.

The aims of this day were for the delegates to:

- ⇒ Hear about different approaches to reducing pressure ulcers in NHS Scotland
- ⇒ Learn from the successes and challenges in sustaining improvement in other NHS boards
- ⇒ Share tools and materials developed locally by other teams, and
- ⇒ Increase the networks of front-line teams, engaging with colleagues in other NHS boards.

Jo Matthews confirmed the appointment of four Health and Social Care Partnership teams which will work with the SPSP to develop and test different approaches to reduce pressure ulcers in care homes. This work contributes to the ambition of reducing grade 2-4 pressure ulcers by 50% in hospital and care home settings by the end of 2017 and will be supported by Scottish Care and the Care Inspectorate.

Presentations from the event are available [here](#).

Time	Topic	Lead
09:30	Registration and coffee	
10:10	Welcome	Julie Hannah
10:15	Reducing Pressure Ulcers in Scotland	Joanne Matthews
10:25	NHS board presentation	NH S Forth Valley
10:50	Transfer to breakouts	
11:00	Introduction to QI	Gavin Russell
	Market stalls	Claire Mavin
12:15	Lunch	
	Breakouts	
13:15	Introduction to QI (repeat of am session)	Gavin Russell
	Market stalls	Claire Mavin
14:30	Closing remarks	Diane Murray
14:55	Thank you and goodbye	Julie Hannah
15:00	Opportunity to network in venue	



Contact us: [hcis.PSPContact@nhs.net](mailto:hcis.PSPContact@nhs.net)



The following NHS boards shared their ideas and ongoing work to reduce pressure ulcers at the market stalls: NHS Grampian, NHS Ayrshire & Arran, NHS Fife, NHS Dumfries & Galloway, NHS Greater Glasgow and Clyde, NHS Forth Valley, NHS Lanarkshire, NHS Lothian, NHS Tayside, NHS Borders.

Delegates visited each stall discussing tools, exploring challenges and opportunities within each board.



The Introduction to Quality Improvement led by Gavin Russell focused on the Model for Improvement; delegates reflected on:

- ⇒What are we trying to accomplish
- ⇒How will we know that change is an improvement
- ⇒What change can we make that will result in improvement.

Delegates worked in small groups facilitated by SPSP colleagues and discussed challenges with making change, developing change ideas, and how to demonstrate and evidence improvement.



## Delegates' feedback

Will look within my area to see what is implemented and what I could do differently

Market stalls really helped to give a national overview of strategies

I liked the short market stall presentations, long enough to allow points to be made but short enough not to lose interest

Excellent review of available tools; saves reinvention but allows for individuality

The QI session will help me to begin to make small tests of change. It has also reminded me that change doesn't have to be new ideas, it can be current practice but improved

The overview of QI was very interesting, it completely makes sense and should be used as an approach to change more

The sessions provided have increased awareness on how to prevent ulcers developing in the first place

Excellent to get the opportunity to network

Good sharing material opportunities

Market stalls useful - both in presenting our work and sharing ideas