

Summer 2018

SPECIALIST DEMENTIA UNIT (SDU) NETWORK NEWSLETTER

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 @Focusondementia

Welcome to the Summer edition of the SDU network newsletter – keeping you up to date with your SDU Network, developed to support staff to connect, learn, spread best practice and improve.

The Network has three elements:

1. Online resources ([Managed Knowledge Network pages](#) and Yammer discussion)
2. Newsletter
3. Opportunity for face to face meetings

This edition features the opportunity to meet SDU colleagues at planned regional networking events. We also have news on Maureen Taggart’s much anticipated ‘Transforming Specialist Dementia Care Report’, which is of great importance to the future direction of SDUs in Scotland.

SDU REGIONAL NETWORK EVENTS – JOIN US!

We have 3 regional network events planned for Scotland in 2018/19.

Aberdeen

Tuesday 25 September 2018

10am - 4pm

Inspire Building, Beach Boulevard

Edinburgh

Tuesday 27 November 2018

10am - 4pm

COSLA, 19 Haymarket Yards

Glasgow

Tuesday 5 February 2019

10am - 4pm

The Studio, 67 Hope Street, Glasgow

This will be a great opportunity for the staff in the 3 regions of Scotland to meet face to face, network and discuss the key issues facing SDUs.

Registration for the event in **Aberdeen** is now open. Places are free but limited so register NOW using the link below.

[REGISTER HERE](#)

More information is also available on the events page of our website <https://ihub.scot/events/>



Specialist Dementia Units Network Regional Events

The SDU Learning and Improvement Network is delighted to be hosting the following regional network events

Where

Aberdeen

Tuesday 25 September 2018

10am - 4pm

Inspire Building, Beach Boulevard, Aberdeen

Edinburgh

Tuesday 27 November 2018

10am - 4pm

COSLA, 19 Haymarket Yards, Edinburgh

Glasgow

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Purpose of the Events

This event is for SDU staff to showcase their work and network with colleagues. It is part of the SDU Network being developed in partnership by Healthcare Improvement Scotland, Alzheimer Scotland, Care Inspectorate, NHS Education for Scotland and Scottish Care.

We are still finalising the programme, however this will be a chance to:

- Celebrate and learn about the improvements being made by staff working in SDUs across Scotland
- Hear about the work that’s being planned and delivered nationally to support improvements in care
- Network with likeminded colleagues

Who should attend

Staff and leaders who are interested in improving the care and treatment provided by SDUs.

Further details will be included as part of the registration process, which will be circulated August 2018.

Find out more about the SDU Learning and Improvement Network

Visit the Managed Knowledge Network SDU pages

<http://www.knowledge.scot.nhs.uk/dementia/organisations/specialist-dementia-unit-network.aspx>

Visit our website

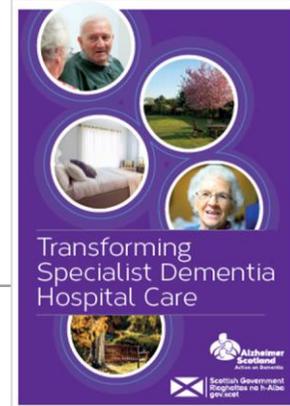
<https://ihub.scot/focus-on-dementia/specialist-dementia-units/>



TRANSFORMING SPECIALIST DEMENTIA CARE REPORT

The report by Maureen Taggart, Alzheimer Scotland National Dementia Nurse Consultant, on Specialist Dementia Hospital Care was launched in June. This important document provides a background to the report, outlines current care provision and makes recommendations to transform it through decommissioning and re-investment. The report can be found at: <http://www.gov.scot/Resource/0053/00537291.pdf>

On Tuesday 28 August, Maureen, presented a webinar to discuss the report to 30 interested staff. Spaces on the webinar were quickly filled but you can access the session [here](#).



ACTIVITY WEBINAR

Activity has been identified as an important issue for the 4 demonstrator sites in the Specialist Dementia Unit Improvement Programme. On Friday 13 July, Stephen Lithgow of Healthcare Improvement Scotland and Heather Edwards of the Care Inspectorate, hosted 'Focus on Activity'.

Some of the issues raised included: Making activity 'everyone's business'. What do we mean by activity? Capturing the 'small moments', clinical activity and person-centred activity. Heather kindly added links to a range of useful resources.

You can access the session [here](#).

The Activity Offer



- Specialist- Activity as a treatment intervention delivered by specialist
- Targeted-More directed and delivered by other members of team
- Universal-Activity for wellbeing-everyone's business

IMPROVEMENT BOARDS

Have you thought of an improvement board for your ward or do you have one in place already? It's a great way to highlight your **improvement work** to staff, visitors and others, like the one in the picture below at Strathbeg Ward, Royal Cornhill Hospital, Aberdeen



ENVIRONMENT

Enhancing the Healing Environment (EHE)

If you are interested in supporting Dementia Friendly Design, The Kings Fund EHE assessment tools can be found at: <https://www.kingsfund.org.uk/projects/enhancing-healing-environment/ehe-design-dementia>

They contain seven overarching criteria and a set of questions to prompt discussions between clinical/care staff, managers, estates and maintenance colleagues, people with dementia, their families and carers. The tools are being used to:

- Assess progress in developing more dementia-friendly environments
- Secure finance to improve the physical environment of care
- Influence managers and estates/maintenance colleagues to support change
- Educate staff and help change attitudes
- Improve signage, flooring, lighting and colour schemes as part of maintenance programmes
- Make small-scale improvements eg, purchasing coloured crockery

SPECIALIST DEMENTIA UNIT DEMONSTRATOR SITES

The Focus on Dementia Team has been working closely with 4 SDUs to support them to use participatory approaches and embed continuous improvement for people with dementia, their relatives/carers and staff working in the units. This work has been commissioned by the Chief Nursing Officer Directorate at Scottish Government, as a result of the Quality and Excellence in Specialist Dementia Care (QUESDC) work. This work remains a priority for Scotland's Third Dementia Strategy 2017-2020 as part of commitment 7.

The sites have used a process called Experience Based Co-design to help them identify improvement priorities. A range of approaches, including observations of the clinical setting, interviews and co-design events have been used to identify areas for improvement which matter most to people with dementia, relatives/carers and staff.

The units we are working with are Balmore Ward at Leverndale Hospital (Glasgow City Health and Social Care Partnership), Orbiston Community at Hatton Lea Care Home (North Lanarkshire Health and Social Care Partnership), Prospectbank at Findlay House (Edinburgh Health and Social Care Partnership) and Strathbeg Ward, Royal Cornhill Hospital (Aberdeen Health and Social Care Partnership)

A report on this work, and detailed reports for each site is available at: <https://bit.ly/2JrKFIO>

We will be sharing more of this work at the network sessions and a toolkit is being developed to support sharing of this learning in all specialist dementia units across Scotland.

Playlist for Life

Focus on Dementia has been working with Playlist for Life (a UK music and dementia charity) to support personalised music as part of a range of therapeutic interventions to improve the experience of people living with dementia within SDUs and within the community.

We have produced a 2 page summary of this work, which includes some very positive quotes from those who were involved.

The summary is available at: <https://bit.ly/2NSWDZm>



JOIN US ONLINE

There are 2 easy ways to join the SDU community online. Visit our SDU pages on the **Managed Knowledge Network** <http://www.knowledge.scot.nhs.uk/sdun.aspx>

You can also join our **SDU Yammer Group**

- 1) Send us a **non-nhs.net email address** (Yammer won't work with nhs.net addresses) to hcis.sduip@nhs.net. We only need this to invite you and will then delete it
- 2) We will send you an electronic invitation to join
- 3) Simply follow the instructions in the invitation> If you want to access through your smartphone, download the Yammer app onto your phone

