

NHS inform



www.nhsinform.scot

NHS inform wording for articles

100 words

NHS inform is NHS 24's national health information service. It provides you accurate information to help you make informed decisions about your own health and the health of the people you care for.

NHS inform has information about:

- illnesses, injuries and conditions
- tests and treatments
- healthy living topics - like smoking, alcohol, food and mental wellbeing
- services provided by GPs, pharmacies and dental surgeries in Scotland
- your rights when using these services.

Want to try the service? Visit www.nhsinform.scot or contact the health information team by phone 0800 22 44 88 or webchat.

300 words

NHS inform – for everyday questions about health

Finding the right health and care information can make a real difference to how people manage their wellbeing. Making information accessible, quality assured and up to date helps people to make positive choices.

NHS inform (www.nhsinform.scot) is Scotland's dedicated resource offering up-to-date facts on health, services and campaigns. It also has a wealth of information available online, over the telephone or via webchat:

- illnesses, injuries and conditions
- tests and treatments
- healthy living topics, like smoking, alcohol, food and nutrition and mental wellbeing
- health news and events
- national health campaigns
- services provided by GPs, pharmacies and dental surgeries in Scotland
- your rights when using these services.

The website has enhanced features and digital tools to allow people to tailor the information, making it more personal for them:

- **Info for Me** a tool that helps you gather information relevant to you that can be easily printed, saved or shared.
- **Scottish Service Directory** www.nhsinform.scot/scotlands-service-directory. Scotland's Service Directory hosts all relevant, funded and quality assured holistic health and social care services within each health and social care partnership. This is in addition to the GP's, Hospitals, Pharmacies, Dentists, Sexual Health clinics and Opticians.
- [Self-help guides](#) for common illnesses and injuries such as abdominal pain, fever, earache, headache, lower back pain, accessing medicine etc. The guides are fully aligned to the 111 service the self-help guides allows you to check your symptoms online and get advice to manage your condition or signpost to the right service.
- **Browsealoud** a feature that makes the website more accessible for people with Dyslexia, Low Literacy and those with mild visual impairments by reading web pages aloud.
- **Webchat** available every day.

Of course, there is always the option to talk to the health information team by telephone or using webchat.

Want to try the service? Visit www.nhsinform.scot or phone 0800 22 44 88

NHS inform digital assets

Feel free to use any of the digital assets by downloading from the website [here](#)

- [Facebook image - PNG \(138 KB\)](#)
- [Twitter image - PNG \(132 KB\)](#)
- [Square - PNG \(48 KB\)](#)
- [Large leaderboard - PNG \(61 KB\)](#) (for web pages)
- [Leaderboard - PNG \(29 KB\)](#) (for web pages)
- [Skyscraper - PNG \(38 KB\)](#) (for web pages)

NHS inform leaflets and posters

Requests for leaflets and posters - Please contact HISPartnership&EngagementTeam@nhs24.scot.nhs.uk

NHS inform videos

- NHS inform
About NHS inform and how it can help you stay healthy and well. Published on Mar 8, 2018 (2:58 minutes) Published on Mar 8, 2018
You Tube link: <https://www.youtube.com/watch?v=pugTmnnR25c&t=15s>

- NHS inform with self-help guide demo
About NHS inform and a demonstration of our self-help guides. (7:06 minutes)
Published on Mar 8, 2018
You Tube link: <https://www.youtube.com/watch?v=sP5AFUioQh4&t=172s>
- Info for Me - with demo
- About Info for Me and learn how it can help you. (4:14 minutes) Published on Mar 8, 2018
You Tube link: <https://www.youtube.com/watch?v=jZQ3L9wEOIU&t=175s>