Our journey at DGRI

• Pre-collaborative state
  • No routine frailty screening
  • No agreed frailty screening tool
  • No frailty pathway
  • No agreement on what frailty is and why it matters
  • No data

• What we did have...
  • Enthusiastic, experienced AHPs at the front door
DGRI journey

- **Current state**
  - Agreed frailty screening tool
  - Frailty icon to identify patients on Cortix
  - Frailty team – AHPs, care coordinator, pharmacy
  - CDF with interest in frailty
  - Frailty nurse post advertised
  - Weekly testing
  - Frailty proforma
  - Frailty interest group
  - Struggling with data collection
Testing

• 4 x PDSA cycles run initially
  • initial tests of screening tool and proforma

• Completed 6 x further PDSA cycles
  • Planned and run by Cara
  • Including expanding frailty team
  • Tests of
    • Screening
    • Multidisciplinary review
    • Frailty huddle
    • Medical input
    • Discharge planning
Learning

• The “diffusion of innovation” - we have watched the stages
• Conflicting priorities
  – Busy, new admissions unit, lots of new staff, lots of improvement projects
• Education, enthusiasm and promotion are very important
• Having someone on the team with dedicated time to move things forward is fantastic
• Others’ sharing their experience and knowledge has been really important and helpful
  – But we have to make the fit to our little, very rural DGH
• Getting important people on your side helps...
June 2019...

- Predicted post-collaborative state
  - Frailty nurse in post 8-4 Monday-Friday
  - Agreed and established frailty proforma in use
  - Daily frailty huddle Monday-Friday
  - Daily Geriatrician input Monday-Friday

- Challenges going forward
  - Daily geriatrician input
  - Establishing alternative “exit” pathways
    - Involvement of community partners
Our questions to you?

• How do we keep the momentum going forward?
• How do we “sell” frailty pathway to the Doubting Thomases?
• How to manage with minimal geriatrician time available?
• How do manage the exit with limited resources?