



**Can you help Jock?**

***“I just want to get home from hospital”***

**Jock’s Story:**

**Jock wants to come home from hospital but has no family living locally. All he needs is someone who can collect his prescription and help him get out.**

**Jock doesn’t want to be a burden, he doesn’t need someone to visit every day; he wants his local community to help him, help himself.**

**Could you help someone like Jock?**

**We’re not asking for a huge commitment, we’re asking for a little kindness. There are lots of people like Jock who could get home from hospital quicker if we all gave a little support.**

**For more information or to register interest please contact Maureen on 01875 615 423 or email [Maureen@strive.me.uk](mailto:Maureen@strive.me.uk)**

# Community Support Programme



## Volunteer with us

You can make a difference – a little kindness goes a long way

East Lothian  
Health & Social Care Partnership



 **ihub**  
supporting health  
and social care

**STRiVE**

SUPPORTING YOU &  
CONNECTING COMMUNITIES