



Can you help Katie?

“I’m lonely since Alex passed”

Katie’s Story:

Katie wants to come home from hospital but has lost her confidence. All she needs is a listening ear and to get back in touch with her friends.

Katie’s support would have been Alex but he recently passed away after a short illness. Katie cared for him and lost touch with her friends and groups as she wanted to spend all her time with him. When Alex passed, she didn’t look after herself properly and became isolated.

Could you help someone like Katie?

We’re not asking for a huge commitment, we’re asking for a little kindness. There are lots of people like Katie who could get home from hospital quicker if we all gave a little support.

For more information or to register interest please contact Maureen on 01875 615 423 or email Maureen@strive.me.uk

Community Support Programme



Volunteer with us

You can make a difference – a little kindness goes a long way

East Lothian
Health & Social Care Partnership



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supporting health
and social care

STRiVE

SUPPORTING YOU &
CONNECTING COMMUNITIES