



**Can you help Tommy?**

***“I hate sitting in the house by myself”***

**Tommy’s Story:**

**Tommy wants to come home from hospital after a fall. He needs someone to “chum” him on his walks or down the street until he feels safe and confident to go by himself.**

**Tommy is a very sociable and likes a blether.**

**Could you help someone like Tommy?**

**We’re not asking for a huge commitment, we’re asking for a little kindness. There are lots of people like Tommy who could get home from hospital quicker if we all gave a little support.**

**For more information or to register interest please contact Maureen on 01875 615 423 or email [Maureen@strive.me.uk](mailto:Maureen@strive.me.uk)**

# Community Support Programme



## Volunteer with us

You can make a difference – a little kindness goes a long way

East Lothian  
Health & Social Care Partnership



 **ihub**  
supporting health  
and social care

**STRiVE**

SUPPORTING YOU &  
CONNECTING COMMUNITIES