1. **Adult carer support plans**  
   *Gillian Fergusson, Healthcare Improvement Scotland*

   This workshop will share learning and explore different local approaches to adult carer support plans: including the paperwork and processes that have been put in place to support this.

2. **Delivering Better Outcomes for Young Carers and Families and Caring Conversations**  
   **Theme: Young carer statement**  
   *Fred Beckett, Glasgow HSCP.*  
   *Joanna McPherson, Quarriers Aberdeenshire.*  
   *Facilitated by Paul Traynor, Carers Trust Scotland*

   Hear from two areas about their approach to delivering young carer statements:
   - In Glasgow support for young carers has been provided through a combination of approaches including a family based approach, individual and group work. Services also work in partnership with mainstream youth services to ensure the support provided is local and accessible for young carers, cost effective and where possible sustainable in the longer term.
   - In Aberdeenshire, following evaluation of the first version of the young carer statement, feedback given by young carers asked for a less formal and intimidating process. A revised young carer statement was developed to enable caring conversations to take place which gives more ownership of the statement to the young person.

3. **Caring Places – Developing locally based support for carers with carers**  
   **Theme: Carer involvement and duty, power and provision of support.**  
   *Sarah Boath, Dundee Carers Centre and co-hosts TBC*

   In 2016 Dundee Carers Centre undertook a test of change in two areas to identify and support all carers of all ages in those localities. One agency cannot do this on their own and so we took a very different approach by:
   - Spending time getting to know the localities and communities
   - Identifying key strengths and assets (individuals, organisations, resources etc)
   - Involving carers at all stages in the process
   - Working with organisations to improve their ability to identify and support carers
   - Working in partnership to develop local, informal locality supports

   Our aim was to increase the capacity of communities to identify and support carers, building on their assets and resilience, reducing the reliance on formal services. We wanted to reduce the number of formal referrals to the Carers Centre – did we succeed and if so how can we know carers are receiving the support they need?
4. Shaping and sustaining markets for short breaks  
**Theme: Short breaks**  
Don Williamson, Shared Care Scotland; Des McCart, Healthcare Improvement Scotland and Graeme Reekie, Wren and Greyhound

The *Short Breaks Market Shaping Think Tank* is a partnership approach to exploring the challenges and opportunities of commissioning sustainable short break provision. Over the last 12 months, commissioners and carers’ organisations have developed guidance on market shaping which will be launched at this event. The guide offers a straightforward template and ‘how to’ guide to devising market shaping strategies – and ideas for implementing them through market facilitation approaches.

5. Doing things differently  
**Theme: Carer centres**  
Irene Connelly, SCVO

Carers Act Transformation Support Fund (CATS)

Launched in June 2018, the main purpose of this short-term funding from the Scottish Government was to develop the capacity of organisations involved in the implementation of the act through improvements to systems or technology.

Has it worked?
Come along to this workshop to hear from two organisations who benefitted from the fund. They will share with you the benefits and impact this has made to them and the learning along the way. We will also look at the wider impact and benefits that digital evolution can have on Carer organisations – from engagement with carers to increased efficiencies and hear from you what has been working for you and what else would work for you going forward.

6. Be Carer Aware: Involving Carers in Hospital Discharge and The Cycle of Care  
**Theme: Carer involvement in hospital discharge**  
Jennifer Watt and Debbie Schofield, NHS Greater Glasgow and Clyde.  
Katie Barker, Falkirk & Clackmannanshire Carers and Alex Munro, NHS Forth Valley.  
Facilitated by Morag Ferguson, NES

Hear from two NHS areas about their approach to involving carers in health settings and hospital discharge:

- **NHSGGC** has been building on extensive practice to ensure carers are identified and supported throughout their journey and in all aspects of patient care. This has involved working closely with partners in primary and acute care, HSCPs, Carer Centres and Carers with a lived experience, creating a system of support that wraps around the Carer Journey, allowing appropriate support to be put in place when necessary.
- **The Be carer aware project** at Forth Valley Royal Hospital has been a collaboration between NHSFV staff, the 2 relevant HSCP and the 2 local Carers Centres. For 10 years there has been a Carer Support Worker based at the hospital employed by the local Carers centre and after the Carers Act came into force, a project was developed aimed at meeting the hospital’s legal requirements under section 28 of the Act.
7. **Let’s work together and Equal, expert and supported: training for carer representatives**  
   *Theme: Involving carers in strategic decision making*  
   Linda Owen, Dumfries and Galloway HSCP and Emma Scott, Support in Mind.  
   Patricia Clark, Carers Scotland and Claire Cairns, Coalition of Carers in Scotland.  
   Facilitated by Fiona Barrett, Care Inspectorate

   Hear about two different approaches to involving carers in strategic decision making:
   - The Carers Interest Network (CIN) is a group of managers who respond to the needs of carers in Dumfries and Galloway. We adopted the ‘Let’s Work Together’ approach to coproducing and implementing the local Carers Strategy (2017-2021). The CIN was instrumental in developing the Strategy’s content. They also ensure services are aligned with the key objectives and responds to emerging trends within the local community. They worked closely with the Carers Reference Group (CRG), unpaid carers who support the implementation and delivery of the action points within the Strategy and provide representation on behalf of carers.
   - Carer involvement in service planning at a strategic level is a priority. However, there is currently a difficulty for areas in recruiting, training and supporting carer reps. Carers Scotland and COCIS are working in partnership with 6 local carer centres and HSCPs across Scotland, co-producing training to equip carers to become more involved in local strategic planning, with a view to becoming carer representatives on Integrated Joint Boards, Strategic Planning Groups and locality groups.

8. **How to develop a local carer pathway**  
   *Theme: Information and advice*  
   Shubhanna Hussain-Ahmed, Coalition of Carers in Scotland and co-host TBC

   The Coalition of Carers in Scotland is currently supporting 4 Partnership areas to produce and publish a local carer pathway that is easy to understand and accessible for carers. The experiences and feedback from the areas will be shared as well as an overview of the steps involved in co-producing a local carer pathway. We will also be able to share some templates that other Partnership areas could also use to produce their own local carer pathway.