

Flash report

Mental Health Access Improvement Collaborative (MHAIST)

We support teams in Child and Adolescent Mental Health Services and Psychological Therapies Services to apply improvement methodology, develop data capability and to measure and demonstrate improvement in services.

✉ hcis.mhaist@nhs.net

🐦 @HIS_MHAIST

Learning Session 2 | 06 November 2018

Aims of the day

This was the second Learning Session of the collaborative which launched in May. The event aimed to support teams to move their improvement work forward by providing opportunities to work on their projects while learning and sharing progress with other teams.

Professor Jason Leitch shared examples of improvement work across different sectors with a focus on how small changes can have a big impact on outcomes. He finished with a golfing story and reminded us to **“Play the ball where the monkey dropped it”** – great advice!



Top Trumps®



Teams were encouraged to reflect on all the progress they have made already while considering where they need to focus their efforts next by developing a team 'Top Trumps®' card! They shared ideas with each other about successes. The MHAIST team will share some of these examples in upcoming newsletters.

In the Neurodevelopment session, as well as completing their 'Top Trumps®' profiles, teams heard from Dr Wendy Van Riet (Service Manager/Lead Consultant Clinical Psychologist) who described the Highland improvement journey in developing a multi-disciplinary Neurodevelopment Assessment Service.

Data and measurement

Toby Stead from the MHAIST ISD team shared some great advice on visualisation of data and how powerful this can be in seeing your project progress as well as sharing your story with others. Alex Chandler, another MHAIST analyst, gave a fascinating presentation on the work they have done in NHS Highland using data to identify improvement opportunities. Teams then had the opportunity to think about their own data and how they might monitor progress of their projects by developing outcome, process and balancing measures.

Upcoming events

WebEx (Topic TBC)

Online event on 17 January 2019 12:30-1:30pm

Learning session 3 (Mental Health Access Improvement Collaborative)

The Studio, Glasgow on 9 May 2019 09:15-16:30

If you are interested in registering for these events please email hcis.mhaist@nhs.net



Change ideas and testing

There was a chance to try out some tools to help teams come up with and then prioritise new ideas for changes to test. It was great to see lots of new thinking and people sharing their experiences of using the PDSA approach to testing ideas in their projects.



Delegate Feedback



Words used to describe the day...

Space Sharing of inspirational experiences
 Stimulating Productive
 Informative
 Insightful Useful
 Re-invigorating our project
 Challenging



Jason Leitch @jasonleitch · Nov 6

Quality Improvement for one of @JeaneF1MSP's key priorities. Opening learning session 2 of the Mental Health Access Collaborative this morning. #mhimprove @HIS_MHAIST



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Simon Stuart @soothron · Nov 6

Excellent, valuable day building on successes — and failures — to continue to try and improve access to mental-health resources. We won't give up! Thanks as ever to the @HIS_MHAIST team #mhimprove

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All resources from the day including presentations and templates will be uploaded to the collaborative Moodle pages.

If you are a team in the collaborative and need any further support with defining your project please email hcis.mhaist@nhs.net