

Flash Report

Scottish Patient Safety Programme for Mental Health

Improving Observation Practice: NHS Tayside Webinar

7 December 2020

✉ info@ihub.scot

🐦 @spsp_mh

The Scottish Patient Safety Programme for Mental Health hosted the first in a series of three webinars on Improving Observation Practice. Over 50 clinicians and people with lived experience joined us to listen to NHS Tayside’s IOP story and share with us how Covid-19 has impacted observation practice through out Scotland.



Donna Robertson lead the NHS Tayside team through a thought provoking and insightful presentation of the work of Carseview Intensive Psychiatric Care Unit (IPCU) and Murray Royal Hospital.

The work to date has seen a **95% reduction in 1:1 observations**, **65% reduction in violence** and a **74% reduction in prone restraint**. To access the slide from the webinar, case study and video on NHS Tayside’s work visit: [Bit.ly/3qUlfoF](https://bit.ly/3qUlfoF)

What’s Next?

The next webinar in our IOP series is focussed on **local policy development**. We will be joined by colleagues from NHS Grampian and Scottish Government on **26 January 2021 @ 1 pm** [Click here to register](#)

What you told us in the Jamboard

Positive unintended consequences of delivering IOP guidance during Covid 19

- Renewed enthusiasm for IOP
- Better communication between teams
- Staff development
- Further embedded principles of IOP within delivery of care

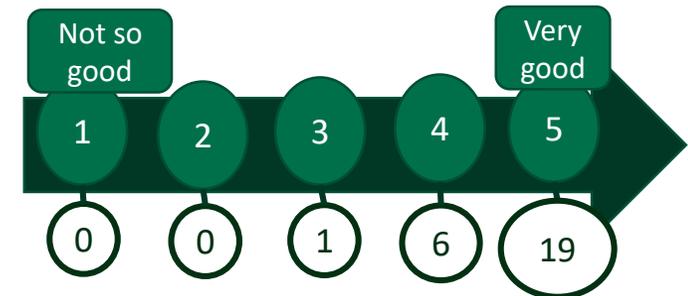
Negative unintended consequences of delivering IOP guidance during Covid 19

- Increased pressure and reduced capacity on services
- Highlighted inadequacies of structure and systems
- Reduced staff morale and development
- Delayed progress of IOP work

Key take aways from session

- Passion and dedication for person centred care
- Dynamic use of “Floor Nurse”
- IOP policy working well in practice
- Traffic light system
- Possibility of cultural shift

How did we do?



What went well?

- Real case examples
- Sharing good practice, knowledge and experience
- Presented well
- Excellent learning opportunity

What could have gone better?

- Extended session with more case examples
- More Q&A time
- More around range of interventions teams are using to have an impact