Ensuring staff stay safe and well is essential to their ability to deliver the best care to patients and helps create a happy workforce. Providing resources and support services at pace is important to improving and maintaining staff wellbeing and morale. Here we present a summary of innovations gathered and shared as part of the Access learning system (responding to the challenges of COVID-19 and the remobilisation of elective care) in order to help teams maintain, monitor, and improve staff safety and wellbeing.

**Key Learning**

- **Get creative** - New signage, with catchy messages and visuals around the hospital can help keep staff and patients safe whilst also making them smile.

- **Concise and clear information** - Constant updates can be stressful and important information can get overlooked. Co-ordinating communications makes information accessible, saves time, and ensures staff feel more connected, informed, and confident about their work.

**Innovations**

- North Tees and Hartlepool NHS Foundation trust’s ‘Have a heart - Stay apart’ campaign.
- NHS Fife’s StaffLink platform and app.
- NHS Greater Glasgow and Clyde's bite-sized illustrated information guides for staff.

**Key Learning**

- **Compassionate conversations** - Dedicating time for regular catch-ups and check-ins can reduce feelings of uncertainty and anxiety from working in a busy and constantly changing workplace.

- **Connecting and saying thanks** - Regularly asking for, and listening to, feedback and showing appreciation for one another raises morale.

- **Have fun** - Hosting social events and creating safe, non work-specific chat time can bring staff together and has been shown to improve mental wellbeing.

**Innovations**

- ‘Five questions’ tool.
- United Lincolnshire Hospitals NHS Trust’s ‘Admin and Clerical Appreciation Week’.
- 15 seconds, 30 minutes social movement.
- Barts Health NHS Trust ‘BartsShielders’ online community using Liberating structures.
- NHS Lothian’s ‘You said, we did’.
- NHS Greater Glasgow and Clyde’s digital Bedfordshire and Luton Wellbeing Games.

**Additional resources**

- Resources for parents and carers from ParentClub provide a range of hints and tips for dealing with household budgets, healthy eating and wellbeing, as well as fun activities for the whole family.

- NHS Education for Scotland’s Support Around Death (SAD) website provides resources and training for professionals who work with the bereaved in Scotland or have experienced bereavement.

- NHS Education for Scotland have developed an easily accessible resource to support children, young people, parents and families and the practitioners who work with them.

- Our NHS People have created a user-friendly guide to help team members support returning staff including links to useful resources for managers.