



## CARE HOME DVT SOP

Referrals accepted from ERC for anyone living within a care home with a possible DVT. Referrals also accepted for those who are housebound and living at home with frailty.

Hospital@Home Practitioners will be available to assess the patients between 08:00 and 17:00pm daily.

Practitioner will take a full clinical history including Wells score for DVT and a weight as per suspected DVT pathway.

Routine bloods obtained including D-Dimer.

Upon assessment they will discuss initial findings and management plan with Hospital@Home Consultant who will make decision regarding management. Decision may be taken to undertake “face to face” assessment.

If tinzaparin prescription is required this will be provided by Hospital@Home Consultant, or Hospital@Home Independent Prescriber.

Tinzaparin is administered by care home nurses until Doppler result known and ongoing plan clear. If no nurses within care home or patient is within their own home, tinzaparin will be administered by H@H nursing staff.

Doppler request made via Trackcare as per radiology SOP.

The decision to repeat D Dimer +/- Doppler scan made in accordance with current NHS Lanarkshire DVT pathway.

As with all Hospital@Home Patients, governance remains with Hospital@Home Consultant.

Updated March 2020

Next update: March 2021