

Personal details

Full name		Address	
Richard Jones		The Crescent Tay Street Dundee DD6 8AB	
CHI number	Date of birth		
1212420202	12 Dec 1942		
ACP published by		Date completed	
John Brown		28 Jan 2021	

What matters to you

The things Richard would want their health professionals or carers to know if they were more seriously unwell and unlikely to recover.

I have COPD and my oxygen saturations are normally 94-96%. This enables a good quality of life - I am a keen gardener. Infections cause my breathing to deteriorate very quickly, and when this happens I benefit from prompt treatment with appropriate steroids and antibiotics. Nebulisers at home have helped me in the past when I am wheezy. If I am not improving with treatment at home, then I would like to be admitted to hospital.

Discussions about cardiopulmonary resuscitation

If Richard would like to have the discussion, document their wishes about cardiopulmonary resuscitation below.

I would like to have CPR if there is a chance that it would restart my heart and allow me to recover.

Emergency contacts

Contact 1

Full name	Phone number
Sheila Jones	07746 889900
Role(s)	
Legal Proxy	
Why this person is important	
My wife who has welfare power of attorney	

Contact 2

Full name Dr Prentice	Phone number 01259 826734
Role(s) Usual General Practitioner	
Why this person is important GP who knows me best	

Contact 3

Full name Janice Brown	Phone number 01468 983476
Role(s) Other	
Why this person is important My respiratory nurse	

Plan completed by

Full name John Brown	Phone number 07766 123456
Email address john.brown@madeup.com	Job title Retired

This anticipatory care plan was created using the Essential ACP online tool which can be found at apps.ndp.scot/eacp

Any printed versions of this plan are the responsibility of the relevant health or social care organisation providing support to the named individual and the named individual themselves. Professionals should refer to local procedures in terms of appropriate information handling.