



# *Sepsis: what does it mean and what does it mean for our patients? - subject reading*

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This is a reading list to accompany the SPSP Acute Adult - Deteriorating Patient Webinar on ***Sepsis: what does it mean and what does it mean for our patients?*** The citation and full-text links for publications on the topic are listed below. The publications have been grouped by: key publications, prevalence of sepsis, long-term impact of sepsis, and sepsis and quality improvement. They are listed in reverse chronological order (newest first).

## Key Sepsis publications

UK Sepsis Trust. UK Sepsis Trust: Professional resources [online]. no date [cited 2021 Aug 06]; Available from: <https://sepsistrust.org/professional-resources/>

Surviving Sepsis Campaign. Surviving Sepsis Campaign: adult patients [online]. no date [cited 2021 Aug 06]; Available from: <https://www.sccm.org/SurvivingSepsisCampaign/Guidelines/Adult-Patients>

National Institute for Health and Care Excellence. Sepsis. 2020 [cited 2021 Aug 06]; Available from: <https://cks.nice.org.uk/topics/sepsis/>

Seymour CW, Liu VX, Iwashyna TJ, Brunkhorst FM, Rea TD, Scherag A, *et al.* [Assessment of Clinical Criteria for Sepsis: For the Third International Consensus Definitions for Sepsis and Septic Shock \(Sepsis-3\)](#). JAMA. 2016;315(8):762-74.

Singer M, Deutschman CS, Seymour CW, Shankar-Hari M, Annane D, Bauer M, *et al.* [The Third International Consensus Definitions for Sepsis and Septic Shock \(Sepsis-3\)](#). JAMA. 2016;315(8):801-10.

Shankar-Hari M, Phillips GS, Levy ML, Seymour CW, Liu VX, Deutschman CS, *et al.* [Developing a New Definition and Assessing New Clinical Criteria for Septic Shock: For the Third International Consensus Definitions for Sepsis and Septic Shock \(Sepsis-3\)](#). JAMA. 2016;315(8):775-87.

National Institute for Health and Care Excellence. Sepsis: recognition, diagnosis and early management. 2016 [cited 2021 Aug 06]; Available from: <https://www.nice.org.uk/guidance/ng51/resources/sepsis-recognition-diagnosis-and-early-management-pdf-1837508256709>

Scottish Intercollegiate Guidelines Network. Care of deteriorating patients. 2014 [cited 2021 Aug 06]; Available from: <https://www.sign.ac.uk/media/1077/sign139.pdf>

## Prevalence of Sepsis

Chiu C, Legrand M. [Epidemiology of sepsis and septic shock](#). Curr Opin Anaesthesiol. 2021;34(2):71-6.

Shappell CN, Klompas M, Rhee C. [Surveillance Strategies for Tracking Sepsis Incidence and Outcomes](#). J Infect Dis. 2020;222(Suppl 2):S74-S83.

Markwart R, Saito H, Harder T, Tomczyk S, Cassini A, Fleischmann-Struzek C, *et al.* [Epidemiology and burden of sepsis acquired in hospitals and intensive care units: a systematic review and meta-analysis](#). Intensive Care Med. 2020;46(8):1536-51.

Fleischmann-Struzek C, Mellhammar L, Rose N, Cassini A, Rudd KE, Schlattmann P, *et al.* [Incidence and mortality of hospital- and ICU-treated sepsis: results from an updated and expanded systematic review and meta-analysis](#). Intensive Care Med. 2020;46(8):1552-62.

Luhr R, Cao Y, Soderquist B, Cajander S. [Trends in sepsis mortality over time in randomised sepsis trials: a systematic literature review and meta-analysis of mortality in the control arm, 2002-2016](#). Crit Care. 2019;23(1):241.

Kopczynska M, Sharif B, Cleaver S, Spencer N, Kurani A, Lee C, *et al.* [Sepsis-related deaths in the at-risk population on the wards: attributable fraction of mortality in a large point-prevalence study](#). BMC Res Notes. 2018;11(1):720.

Shankar-Hari M, Harrison DA, Rubenfeld GD, Rowan K. [Epidemiology of sepsis and septic shock in critical care units: comparison between sepsis-2 and sepsis-3 populations using a national critical care database](#). Br J Anaesth. 2017;119(4):626-36.

## Long-term impact of Sepsis

Shankar-Hari M, Saha R, Wilson J, Prescott HC, Harrison D, Rowan K, *et al.* [Rate and risk factors for rehospitalisation in sepsis survivors: systematic review and meta-analysis](#). Intensive Care Med. 2020;46(4):619-36.

Shankar-Hari M, Rubenfeld GD, Ferrando-Vivas P, Harrison DA, Rowan K. [Development, Validation, and Clinical Utility Assessment of a Prognostic Score for 1-Year Unplanned Rehospitalization or Death of Adult Sepsis Survivors](#). JAMA Netw Open. 2020;3(9):e2013580.

Gritte RB, Souza-Siqueira T, Curi R, Machado MCC, Soriano FG. [Why Septic Patients Remain Sick After Hospital Discharge?](#) Front Immunol. 2020;11:605666.

Mostel Z, Perl A, Marck M, Mehdi SF, Lowell B, Bathija S, *et al.* [Post-sepsis syndrome - an evolving entity that afflicts survivors of sepsis](#). Mol Med. 2019;26(1):6.

Bell L. [Caring for Patients With Sepsis: Understanding Long-term Outcomes](#). Am J Crit Care. 2019;28(6):433.

Taito S, Taito M, Banno M, Tsujimoto H, Kataoka Y, Tsujimoto Y. [Rehabilitation for patients with sepsis: A systematic review and meta-analysis](#). PloS one. 2018;13(7):e0201292.

Prescott HC, Costa DK. [Improving Long-Term Outcomes After Sepsis](#). Crit Care Clin. 2018;34(1):175-88.

Prescott HC, Angus DC. [Enhancing Recovery From Sepsis: A Review](#). JAMA. 2018;319(1):62-75.

Yende S, Austin S, Rhodes A, Finfer S, Opal S, Thompson T, *et al.* [Long-Term Quality of Life Among Survivors of Severe Sepsis: Analyses of Two International Trials](#). Crit Care Med. 2016;44(8):1461-7.

Delano MJ, Ward PA. [The immune system's role in sepsis progression, resolution, and long-term outcome](#). Immunol Rev. 2016;274(1):330-53.

## Sepsis and Quality Improvement

Uffen JW, Oosterheert JJ, Schweitzer VA, Thursky K, Kaasjager HAH, Ekkelenkamp MB. [Interventions for rapid recognition and treatment of sepsis in the emergency department: a narrative review](#). Clin Microbiol Infect. 2021;27(2):192-203.

Lin Y. [Effectiveness of the sepsis six bundle in the management of acute adult sepsis in the UK](#). Emerg Nurse. 2021;29(2):26-9.

Arberry J, Henry Z, Corrah T. [A simple measure to improve sepsis documentation and coding](#). Clin Med. 2021;21(3):222-5.

Hunton R. [Seeking a balanced approach to implementing sepsis guidelines](#). JAAPA. 2020;33(7):13-7.

Honeyford K, Cooke GS, Kinderlerer A, Williamson E, Gilchrist M, Holmes A, *et al.* [Evaluating a digital sepsis alert in a London multisite hospital network: a natural experiment using electronic health record data](#). J Am Med Inform Assoc. 2020;27(2):274-83.

Bloos F. [The importance of a hospital-dedicated sepsis response team](#). Expert Rev Anti Infect Ther. 2020;18(12):1235-43.

NHS England. Gloucestershire Hospitals NHS FT Improving initial sepsis management. 2019 [cited 2021 Aug 06]; Available from: <https://www.england.nhs.uk/wp-content/uploads/2019/01/sepsis-case-study-gloucestershire-hospitals.pdf>

Gallagher K, Blackwell N, Thomas B, Trail M, Stewart L, Paterson R. [Successful prospective quality improvement programme for the identification and management of patients at risk of sepsis in hospital](#). BMJ Open Qual. 2019;8(2):e000369.

Warttig S, Alderson P, Evans DJ, Lewis SR, Kourbeti IS, Smith AF. [Automated monitoring compared to standard care for the early detection of sepsis in critically ill patients](#). Cochrane Database Syst Rev. 2018;6:CD012404.

Nsutebu EF, Ibarz-Pavon AB, Kanwar E, Prospero N, French N, McGrath C. [Advancing quality in sepsis management: a large-scale programme for improving sepsis recognition and management in the North West region of England](#). Postgrad Med J. 2018;94(1114):463-8.

NHS England. Royal Cornwall Hospital improving sepsis screening and treatment. 2018 [cited 2021 Aug 06]; Available from: <https://www.england.nhs.uk/wp-content/uploads/2018/11/sepsis-case-study-royal-cornwall-hospital.pdf>

NHS England. Improvement in early detection and prompt treatment of sepsis across Weston Area Health NHS Trust [online]. 2018 [cited 2021 Aug 06]; Available from: [https://www.england.nhs.uk/atlas\\_case\\_study/improvement-in-early-detection-and-prompt-treatment-of-sepsis-across-weston-area-health-nhs-trust/](https://www.england.nhs.uk/atlas_case_study/improvement-in-early-detection-and-prompt-treatment-of-sepsis-across-weston-area-health-nhs-trust/)

NHS England. Reducing sepsis at James Paget University Hospital [online]. 2018 [cited 2021 Aug 06]; Available from: [https://www.england.nhs.uk/atlas\\_case\\_study/reducing-sepsis-at-james-paget-university-hospital/](https://www.england.nhs.uk/atlas_case_study/reducing-sepsis-at-james-paget-university-hospital/)

UK National Surgical Research Collaborative. [Multicentre observational study of adherence to Sepsis Six guidelines in emergency general surgery](#). Br J Surg. 2017;104(2):e165-e71.

Hancock C. [A national quality improvement initiative for reducing harm and death from sepsis in Wales](#). Intensive Crit Care Nurs. 2015;31(2):100-5.

Marwick CA, Guthrie B, Pringle JEC, Evans JMM, Nathwani D, Donnan PT, *et al.* [A multifaceted intervention to improve sepsis management in general hospital wards with evaluation using segmented regression of interrupted time series](#). BMJ Qual Saf. 2014;23(12):e2.