



Healthcare  
Improvement  
Scotland

ihub

**New Ways for  
Learning Disability Day Support  
Working Together  
Easy Read Version**



This Easy Read information was produced by CH Consultancy on behalf of Values Into Action Scotland using Photosymbol©



Values Into Action  
Scotland



Health and Social Care Partnerships (HSCP's) have been thinking about day services for adults with a learning disability.



Scottish Government asked Healthcare Improvement Scotland to help HSCP's make day services better.



They are doing this by asking the HSCP's to work together. This is called a collaborative.

The organisations who are doing this are HSCP's who either:



- Deliver day support services for adults with a learning disability
- Pay other organisations to deliver services for adults with a learning disability











The work was done in a way that would:

- Benefit others
- Share what we learned with others



The map and colours below tell you which HSCP's in Scotland are doing this.

- |  |  |
|--|--|
|  Argyll and Bute HSCP |  North Ayrshire HSCP    |
|  Edinburgh HSCP       |  Perth and Kinross HSCP |
|  Falkirk HSCP         |  Renfrewshire HSCP      |
|  Highland HSCP        |  West Lothian HSCP      |



We want Scotland to be a place where people with a learning disability have:

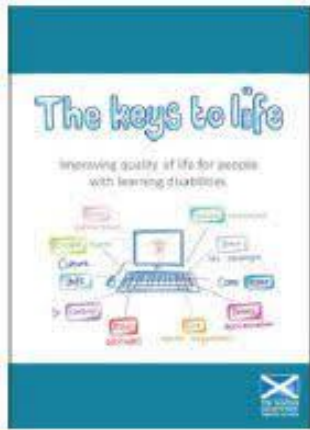
- A healthy life
- Choice and control
- Independence
- Active citizenship



These are the outcomes set out in The Keys to Life (2013). They match the values of Self- Directed Support (SDS)



We want to make sure people get as many support options as possible.



The Keys to Life Implementation Plan (2019) is the newest information on this.

It says we need to work in a “whole person way”. This will improve people’s lives.



The collaborative wanted to learn how to involve everyone who uses services to help them change.



The collaborative gave people different chances to get together. It gave them the chance to share ideas and information.

It also gave them a chance to use some of what they were learning.



They also looked closely at the information they gathered. This helped them to understand how support works.



We learned that:

- Friendship and peer support is important when people are trying new things
- How things are done just now, makes it hard for people to try new things



The things we need to work on are:

- Putting people at the centre of everything we do
- Organisations working as real partners
- Allowing and supporting staff to support people differently
- Encouraging communities to give people with a learning disability more opportunities
- More support to families

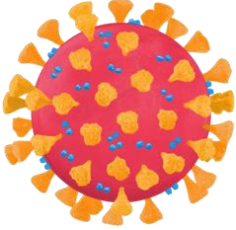


To make this work, people, their families and communities must be involved in change.



6

We had 6 outcomes to work towards.



Because of the pandemic this has been harder.



The teams have still been able to make progress on learning what they needed.

They have plans to do more.



### **Outcome 1**

**People, their families and carers will have taken part in the collaborative.**



Teams got more confident when involving people to take part in activities.

### **Outcome 2**

**Teams get chances to see good practice and ways of working in Scotland and other places.**



## More about outcome 2



Learning about different ways to work was shared at local and national events. This included ways of working differently in the pandemic.



## Outcome 3

**Teams learn more and become more confident supporting people to be fully involved.**



At first teams were not sure about using the different ways they were learning about. By the end they could see the importance of using them.

## Outcome 4

**Different teams will give each other support and feedback. They will also share learning and understanding of good practice.**



## More about outcome 4



At first the teams found it hard to share ideas with each other.

They were given a chance to meet in smaller groups. This worked well.



## Outcome 5

**Teams get information from national organisations. This will help them to understand how they work.**



Teams heard from organisations like PAMIS, Cornerstone and ENABLE Scotland.

The information was very useful, especially about people with profound and multiple learning disabilities.





## Outcome 6

**Scottish Government and national organisations will understand more about making things work at local levels.**

**This includes chances and challenges.**



We got to hear about things happening across Scotland. Events were attended by:



- The Care Inspectorate (CI)
- Scottish Social Services Council (SSSC)
- Healthcare Improvement Scotland (HIS)



2 new important things have happened since the work started.



1

**There are now project teams in place. They can make changes to how things can be done.**



Teamwork is important for organisations who are changing how they do things. It will make sure people and their families are involved in making the changes.



2

**We understand more about inequality. We have better ideas how to change things.**



We know people with a learning disability are not treated equally.



Project teams need to understand how to make things better for everyone.



## Important things we have learned.

- There are a lot of different types of learning disability
- People with a learning disability have different needs
- One thing will not fix things for everyone
- Different things will need to change for different people
- Something really positive will be needed to get communities to think differently and be involved
- Doing something like the Dementia Friendly campaign might work



## Next steps.

Some Project teams are planning to have events in their local areas.

Some are already doing this.



The work will keep going until March 2022



**The national team would like to say  
thank you to all project teams who  
participated in Phase 1 of the  
Collaborative!**

