

July

Mental Health and Substance Use Tayside Pathfinder Programme

NEWSLETTER

Mental Health and Substance use
Pathfinder Programme





Summary

Welcome to the Integrated Mental Health and Substance Use Pathfinder Programme Newsletter!

This project aims to improve care and support pathways for people with mental health, alcohol and drug use support needs.

Over the next year we will be working with people who have lived experience of mental health and substance use and with services that provide treatment, care or support in Tayside to identify what might improve care and support. We will also work with them to design and test those ideas out.

Get Involved

Help us design and develop new approaches and ways of working that support people with mental health and substance use needs



Programme Updates – Staffing updates

The Mental Health and Substance Use Tayside Pathfinder team has been undergoing some changes recently:

In this newsletter, we have the pleasure of introducing Chanpreet Blayney, our new Professional Advisor for the Mental Health and Substance Use Programme:

"I am Dr Chanpreet Blayney, Consultant Psychiatrist in General Psychiatry in NHS Greater Glasgow and Clyde. In June I took up a new secondment with Health Improvement Scotland as Clinical Lead for Mental Health and Substance Use. I previously worked in NHS Forth Valley as a Consultant in Addictions Psychiatry. I have been fortunate enough to have a very valuable training journey in my medical career so far, in various places including Inverness, Aberdeen, Glasgow, Lanarkshire and Forth Valley. In my spare time, I enjoy cooking, yoga, and reading but have unfortunately limited time for these just now as I can often be found chasing around after two young children!

I am incredibly excited to learn and share in this new role to try and navigate the multiple challenges we all face in regard to mental health and substance use, especially now in the peri-pandemic period where these issues continue to cause devastating ripples across Scotland."



Programme Updates – Co-design Groups

The project is coming to an end on its co-design sessions with lived and living experiences and staff. On the 13th July both groups will come together to arrive at a defined improvement idea, that we will implement as a test of change.

To conclude our co-design sessions, we will hear from Gabriel Calvert, Recovery Network Coordinator (Dundee Volunteer and Voluntary Action). Gabriel has been involved in facilitating our lived and living experience co-design sessions. With extra funding through CORRA, Gabriel and his colleagues at DVVA will develop and grow the lived and living experience design group to establish an expansive network going forward. Below Gabriel shares his thoughts on the experience:





Programme Updates – Co-design Groups

"Working on the MHSU lived experience pathfinder has been a pleasure throughout. Initially we were involved in the recruitment of people to the project. This involved going to community projects across the city and discussing the opportunity for involvement with people, then supporting those who wanted to take part to join the group to make sure any additional needs for attending were met.

The initial meetings with the HIS team got the participants excited to be part of the project and they felt genuinely listened to throughout the process. With the support of the HIS staff they have developed change ideas that they are proud of and excited to see action towards the delivery of. We are all looking forward to the event with the staff group and seeing what they have developed and what ideas we will take forward from this process.

Alongside the formal HIS sessions we have held meetings with the group to see what they want to be beyond this project. We have had speakers come in from Dundee Fighting For Fairness and the Scottish Recovery Consortium to discuss what other groups are doing and what models exist alongside more informal meetings where the participants have chatted and gotten to know each other.

Moving forwards the group are excited by the prospect of both developing more change ideas of their own, working with HIS to track the development of the recommendations that this work will make and being part of a strong developing recovery community across Dundee."

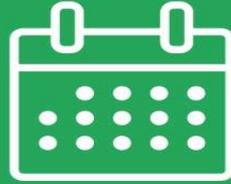


Programme Updates - Leadership Development Programme: Session 1

The purpose of this programme is to support leaders to gain a whole system perspective on some of the work they are doing and provide tools that can support improvements across a variety of workstreams. Part of this is the development of a peer network of leaders across Tayside to share experiences and ideas with regards to making change.

Last month we held the first session in this programme which was an opportunity for participants to meet other leaders from across different sectors and work with others to think about the findings from the Pathfinder programme so far. Participants were introduced to the Good Practice Framework for Strategic Planning as a way of thinking about their own current strengths and ongoing activity, as well as identifying opportunities for development.

You can read our full report on the session [here](#)!



Upcoming Events - Change Ideas Drop-in Session

The Tayside pathfinder project has recently delivered a number of co-design sessions with people delivering mental health and substance use services and those with lived and living experience. There have been a number of candidate ideas for test of change generated and these will be reviewed, discussed and further developed at a session on the 13th July. We would like to extend an invite to anyone who has not been able to join us for these sessions and will be running a set of drop in sessions on the below dates so everyone can have the opportunity to be involved. This is also an opportunity to become involved in the operational work as we move towards the quality improvement planning cycles. If you would like to attend, please register at via the below links:

Thursday 21 July 2022- 13:00-13:55 - [Register for session 1 here](#)

Wednesday 27 July 2022- 15:00-15:55 - [Register for session 2 here](#)

Thursday 04 August 2022 - 10:00-10:55 - [Register for session 3 here](#)



Horizon Scanning

[Impact of public health team engagement in alcohol licensing on health and crime outcomes in England and Scotland: A comparative timeseries study between 2012 and 2019, The Lancet Regional Health - Europe](#)

This quantitative research quantifies the effects of public health teams (PHTs) engagement in alcohol licensing on selected health and crime outcomes in England and Scotland. PHTs in England and Scotland engage to varying degrees in local alcohol licensing systems to try to reduce alcohol-related harms. However, no previous quantitative evidence is available on the effectiveness of this engagement. Through structured interviews and documentary analysis, this paper investigates local PHT's engagement in alcohol licensing from April 2012 to March 2019.



Horizon Scanning

[Difficult Capacity Cases—The Experience of Liaison Psychiatrists. An Interview Study Across Three Jurisdictions, Frontiers in Psychiatry](#)

This study aims to describe how experienced liaison psychiatrists identify and resolve difficult capacity cases in a general hospital setting. Semi-structured interviews were carried out with 26 liaison psychiatrists from England, Scotland, and New Zealand, on their most difficult capacity cases. Thematic analysis was used to examine types of difficulty and how these were resolved in practice. Summaries were prepared and example quotes extracted to illustrate phenomena described.



Contact

If you want to find out more information about our work, follow our regular updates on the ihub [website](#) or contact us on our email address his.mhportfolio@nhs.scot