

EARLY INTERVENTION IN PSYCHOSIS

Newsletter

August

Overview



Welcome to the August edition of the Early Intervention in Psychosis (EIP) monthly newsletter!

This month we are sharing highlights including:

- Updates from the EIP national programme
- Updates on the ongoing work in pathfinder sites
- Introducing Deborah Creedy, Admin Officer in the EIP national team
- Upcoming events
- Read more

EIP National Programme



In-between some much needed annual leave, the national team have been busy over the summer, planning for the months ahead. This includes:

- Upcoming webinars. We have just had a very successful webinar with over 220 attending to listen to Dr Erin Turner's presentation 'Antipsychotics and Physical Health: the good, the bad and the ugly'. This was very well received and created a platform for questions, advice and reflections as well as networking and connecting. We will share these resources soon. Please see 'Upcoming Events' for our next exciting webinar.
- Implementation guide. This is being developed as a guide for health boards to use when considering how to set up an EIP service locally. More details will follow as we develop the guide in conjunction with the pathfinder sites.
- Coaching sessions with pathfinder sites (every six weeks). The next one is due to take place on 25th August with feedback from the pathfinder sites on how they are progressing after going live and seeing people begin treatment within their services. We will update in the September SWAY.
- Real life event for pathfinder sites. This is planned to take place on 10th November, at Delta House in Glasgow. This will include core stakeholders for a deeper dive on key pathfinder site learnings, advice and input to implementation guide, and development around the Essentials of EIP training with National Education Scotland (NES).
- Data and measurement. First capture date is 9th September and will be quarterly thereafter. We are collecting data on the access, quality of service and outcome measures for people presenting with first episode psychosis (FEP).

Pathfinder sites



- NHS Tayside service has received a few referrals which are currently being assessed.
- The NHS Tayside lived experience reference group are planning their first development day.
- NHS Dumfries and Galloway are continuing to successfully build on their service, with five people currently being treated within the service.

- NHS Dumfries and Galloway has recently received a ministerial visit from Mr Stewart, where the staff had the opportunity to discuss the new EIP service. More information can be found [here](#).
- The two pathfinder sites will meet this month for a first virtual coaching session since the services have gone live. This will give both pathfinder sites an opportunity to meet, share learning and challenges and ask for support where required.

Spotlight On



This month, we have the pleasure of introducing **Deborah Creedy**, Administrative Officer for the EIP national team.

"Hi everyone, I'm Deborah, Deb/Debs for short but never Debbie! I am all things admin for the EIP national team within the mental health improvement portfolio here at Healthcare Improvement Scotland.

Come September I will have been with the team for three years. I enjoy the varied role, which can include anything from setting up meetings, organising events, raising purchase orders, taking minutes to proofreading documents. I support all members of the EIP team and work particularly closely with Andrew and Sarah as project and senior project officers. I also support Andra in the organisation of national network events.

My long career has been in PA and office management roles in both the public and private sectors so have lots of experience of problem solving and putting processes into place. I also consider myself to be very good at nagging (reminding?!) to help ensure things run as smoothly as possible for the team.

I have a keen interest in climate change, particularly its impact on our individual and collective wellbeing. I believe cross-organisational working to be really important and am a member of the climate change group within the ihub and the organisation's race and ethnicity network. Both I see as vital for raising awareness.

In 2018, I started to achieve a long held ambition to become a counsellor. Two previous roles, which really required my interpersonal skills, highlighted that I had more to give so I started my three-year training in my spare time, which led to a diploma in counselling and group work with a CBT approach. I have enjoyed establishing my small private therapy practice and also volunteer for a local counselling service. My particular interest is trauma/intergenerational trauma and as a person who values lifelong learning, I am continually adding to my knowledge.

For me, everything we do is about people and I am always mindful of the person/people at the end of everything I/we do."



Upcoming Events



- **29 September** - Our EIP national network events series will continue with guest speaker **Dr Karen O'Connor**, Consultant Psychiatrist at South Lee Mental Health Services, Cork. Details about the event will be announced soon via email and Twitter.

Read More



Are you interested in reading more about EIP? Good news - we're keeping an eye on the latest research and news in the field.

- [Top tips for engaging with people with lived experience](#), Scottish Recovery Network

The EIP lived experience reference group has created an infographic with top tips for improving engagement with people with lived experience, published on the Scottish Recovery Network website.

Contact



In case you missed our previous newsletters or would like to revisit them, you can find all of our newsletters [here](#).

If you want to find out more information about our work, follow our regular updates on:

- The ihub [website](#)
- [Twitter](#)
- Contact us via our email address his.mhportfolio@nhs.scot