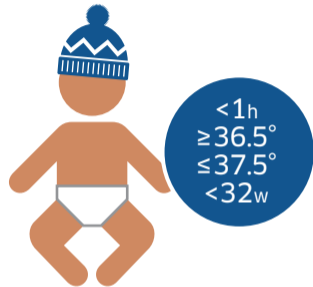


As part of Healthcare Improvement Scotland's ihub, the Scottish Patient Safety Programme aims to improve the quality, safety and reliability of health and social care.

Healthcare Improvement Scotland
Gyle Square
1 South Gyle Crescent
Edinburgh
EH12 9EB

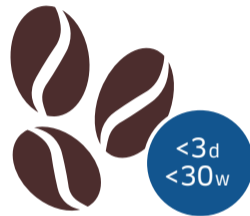


Temperature



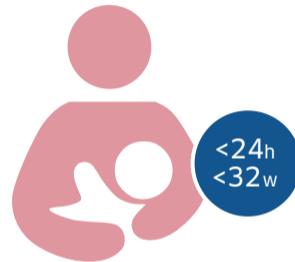
All infants born before 32 weeks achieve an **admission temperature** between 36.5°C and 37.5°C within 1 hour of birth.

Caffeine



Oral dose of caffeine administered within 3 days of birth to all infants born before 30 weeks.

Mum's milk



Mother's own breast milk administered to all infants born before 32 weeks either as mouth care or enterally within 24 hours of birth.

Review

Each measure has its own gestational age banding.

Infants who are not fully compliant with the age appropriate package elements should undergo collaborative review to seek opportunities for future improvement.



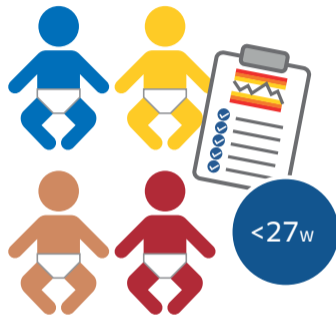
Preterm Perinatal Wellbeing Package



Introduction to the package

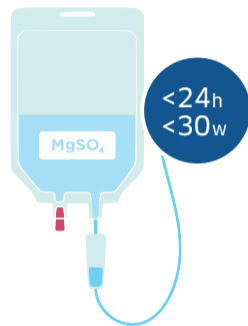
The Preterm Perinatal Wellbeing Package consists of seven measures for infants born before 34 weeks which aim to reduce mortality, necrotising enterocolitis, bronchopulmonary dysplasia and improve neurodevelopmental outcomes.

NICU



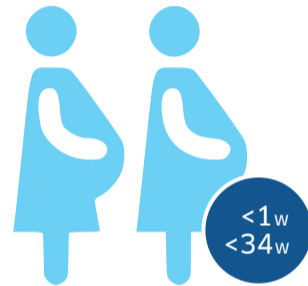
At risk infants (born before 27 weeks) delivered in a centre with NICU (level 3).

Magnesium



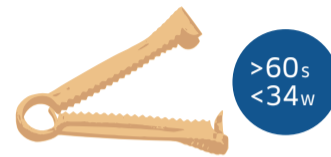
Magnesium sulphate given to mothers of infants born before 30 weeks in the 24 hours before delivery.

Steroids



Antenatal steroids given within 1 week of delivery to mothers of infants born before 34 weeks.

Cord clamping



Optimal cord clamping is carried out more than 60 seconds after the birth of all infants born before 34 weeks unless specific contraindications present (for example no signs of life, twin to twin transfusion syndrome or evidence of major placental separation).

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