

Hospital at Home Programme

Progress update December 2022

Hospital at Home (H@H):

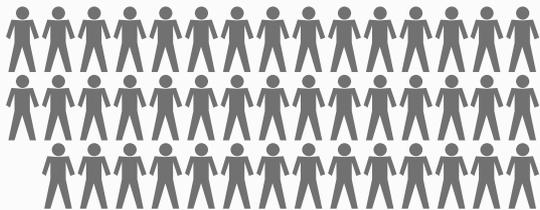
- is a short-term, targeted intervention providing acute level hospital care in an **individual's own home** or homely setting.¹
- has **high satisfaction** and patient preference across a range of measures.¹
- reduces pressure on unscheduled acute care in hospitals by **avoiding admissions** and **accelerating discharge**.¹
- has consistent evidence of **lower costs** compared to inpatient care.¹

What we do:

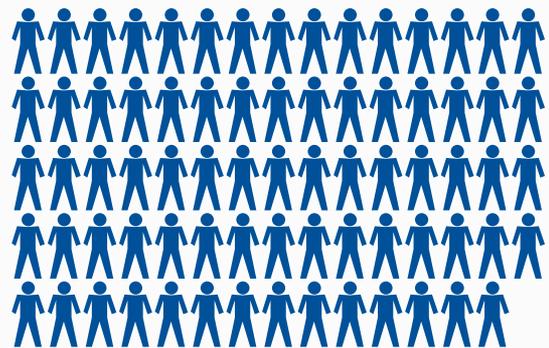
- **Optimise and expand H@H services:** Support NHS boards/HSCPs to optimise and expand their existing H@H services.
- **Develop new H@H services:** Support remote and rural areas across Scotland to implement new H@H services.
- **National Learning System:** Enable H@H services to share and learn from each other.
- **National Infrastructure:** Develop national infrastructure to enable sustainable H@H services.

Impact so far...

68% increase in patients managed by hospital at home services.²



compared to...



If patients managed by H@H services continue at the current rate, H@H services will prevent over 11,000 unscheduled care admissions by end of 2022/23. Relieving pressure from A&E and the Scottish Ambulance Service.

Delivering patient centred care.³

"I would like to thank the H@H team in Coatbridge for the level of care from the team which exceeded mine and my mums expectations. The care and attention can only be described as excellent.

Not only did this prevent my mum having to go into hospital on two occasions but the communication, advice and support from the team not only helped my mum but gave me the confidence that I was treating her to the best of my ability."

Daughter of patient supported by NHS Lanarkshire's Hospital at Home service.

"Due to ill health for a lot of my adult life I have spent some time in hospital separated from my family and I have hated it, plus it always seemed to elongate my bouts of illness.

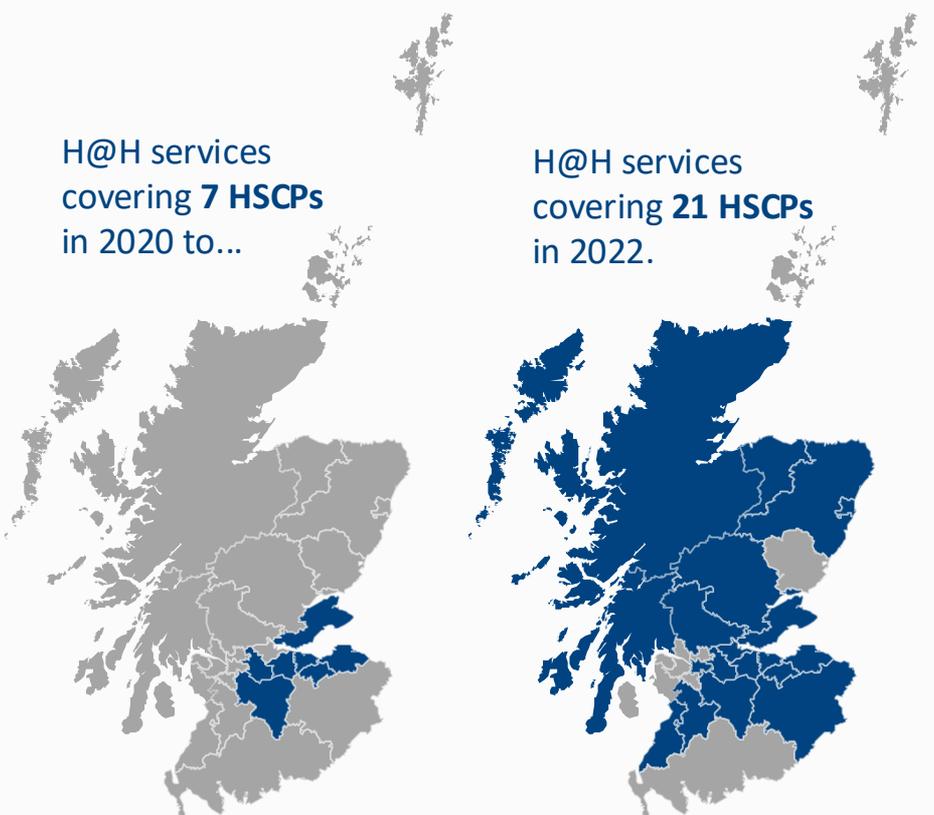
This time when I went to my GP dreading I might be hospitalised, I was instead put under the care of hospital at home Midlothian. The whole experience was marvellous. Not only did the ever cheerful nurses help with my physical health problems but their chatty, caring attitude helped my mental health improve.

I couldn't have asked for better care from the whole team and can't believe how lucky I have been to have had the support from such a great team. Thank you all."

Patient supported by Midlothian HSCP's Hospital at Home service.

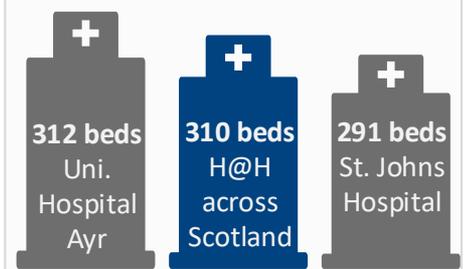
This has been achieved by...

Expanding HSCP covered by an additional 14 HSCPs.²



The set-up of H@H services vary to meet local population needs and geography. 18 HSCPs are covered by H@H that support admission avoidance and 19 HSCPs are covered by H@H services that support step down. Rural H@H services in NHS Borders and NHS Highlands are in development and not fully operational.

Increasing to 310 virtual beds.²



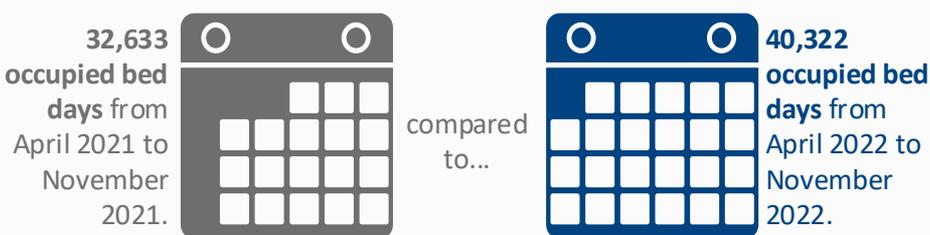
The combined number of H@H beds is the equivalent to a hospital the size of Uni. Hospital Ayr and larger than St Johns Hospital⁶.

Reducing average length of stay by 27%.²



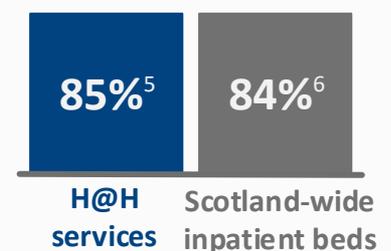
Reducing the average length of stay in H@H services has released capacity to support more patients with the same staffing level.

Increasing bed days by 23%.²



The reduced length of stay of H@H limits the growth of occupied bed days to 23% despite the 68% increase in patients. The equivalent emergency admissions to inpatient hospitals would be significantly more than 40,322 occupied bed days due to the additional bed days lost to delayed discharge that are avoided by H@H services as patients stay in their own home.

Occupying 85% of virtual beds during weekdays.



H@H services delivers a weekday percentage occupied bed similar to inpatient sites, demonstrating similar efficiency in resource use. Weekend occupied bed rate reduces to 77% due to reduce referrals.

Information sources:

1. Rapid Response - Admission avoidance hospital at home for older people with frailty, Healthcare Improvement Scotland, February 2022.
2. Monthly improvement data each H@H service submits to Healthcare Improvement Scotland since March 2021.
3. Care Opinion.
4. Hospital at Home: a patient and carer perspective, Healthcare Improvement Scotland, June 2022.
5. Week of care audit conducted by all services on the week beginning 28 November 2022. Data was collated by Healthcare Improvement Scotland.
6. Acute hospital activity and NHS beds information (annual), Public Health Scotland, September 2022.