

ihub's Primary Care Resources Overview

Click on the [blue](#) text to access the resources.

Tool/Resource	Description	Benefit
GP Access		
GP Access Tools	These tools, developed in collaboration with six practices, contain simple and easy to use data collection and interpretation tools . Also included are learning summaries from practices that have used these tools.	They can help your practice identify opportunities to improve access to care. They can help your practice better understand how you use existing capacity to meet demand and identify opportunities for improvement.
Care Navigation in General Practice: 10-Step Guide	This guide outlines the essential steps required and signposts to a range of supportive resources . This guide was created in autumn 2020 when, recognising the increasing pressures in the system, the original Care Navigation toolkit was stripped down. You can still use original Care Navigation Toolkit if you require more detailed information.	This guide can help your practice with the set-up of care navigation to have person-centred conversations about care and make the best use of practice resources. It can also assist with review of existing care navigation processes.
Workflow Optimisation Toolkit	This toolkit contains tools and guidance to support with preparing and delivering workflow optimisation as well as how to measure and sustain progress .	This toolkit can help your practice develop effective processes for managing paperwork and can support the development of practice and administrative roles.
Acute Prescribing Toolkit	This toolkit, developed with 77 practices across Scotland, outlines the key stages of a QI approach to improving prescribing processes and includes a range of national and locally developed resources, examples, and quality improvement tools to support implementation.	This toolkit can help your multidisciplinary practice team to safely review and improve acute prescribing processes in line with the Essentials of Safe Care.
Serial Prescription Toolkit	This toolkit, developed with 53 practices across Scotland, outlines the essential stages and signposts to a range of nationally and locally developed resources, examples, and quality improvement tools to support implementation.	This toolkit can help your multidisciplinary practice team set-up or rapidly review serial prescription processes.
Anticipatory Care Planning		
Anticipatory Care Planning (ACP) Toolkit	This toolkit brings together a range of guidance and templates including guidance and top tips for reviewing and updating key information summaries and tools and resources to support the four steps in the ACP process .	This toolkit can support individuals and those providing care to have ACP conversations.
Hospital at Home		
Hospital at Home toolkit	This toolkit provides a range of tools and resources to support Hospital at Home services with leadership, project management and quality improvement .	This toolkit can help your area implement and expand Hospital at Home services.
The House Call: A Hospital at Home Podcast	These podcasts share interviews about the experiences of Hospital at Home colleagues.	You can listen to and learn from Hospital at Home staff and teams anytime, anyplace.

Tool/Resource	Description	Benefit
Dementia		
Guide to making general practice dementia friendly	This guide contains a self-assessment tool and a checklist to enable practices to become dementia friendly.	This guide can help your practice provide people with dementia and their carers with high quality care and support.
Quality Improvement Framework for Dementia Post-Diagnostic Support in Scotland	This framework sets out the key criteria for quality post-diagnostic support as well as highlighting policies, principles, rights and standards that underpin good service provision.	This framework can help your practice provide high quality post-diagnostic support for people living with dementia.
Community Treatment and Care Services		
Community Treatment and Care (CTAC) Services Learning Cycle report	This report summarises the findings from our deep dive into CTAC services. Please note we are currently facilitating a CTAC network to share learning and insights. Contact us to join the network.	This interactive report highlights the key components and the benefits of CTAC services and how demographics affect implementation.
Frailty		
Frailty resources	These include tools and resources to: <ul style="list-style-type: none"> • improve how people with frailty are identified, whether in a community or hospital setting, and • support professionals to consider how best to deliver care to people living with frailty. 	These tools, resources and case studies can be used to help improve outcomes for people living with frailty.
Improving care and support for people living with frailty in Scotland (May 2022)	This publication summarises the findings from a 90 Day Learning Cycle which focused on answering the question "How can the ihub support the health and social care system to better understand their integrated approach to the delivery of frailty services?".	This publication: <ul style="list-style-type: none"> • explores frailty services in Scotland and highlights examples of integrated multidisciplinary working, and • presents findings which have established seven key components of an integrated frailty system including links to supporting evidence.
GP Cluster Working		
GP Cluster Working Learning Cycle report	This report summarises the findings from our deep dive into GP cluster working.	This interactive report can help you to: <ul style="list-style-type: none"> • learn about the key components, barriers and enablers of GP cluster working • access examples and ideas that could be helpful for GP clusters, and • have local and national reflection.
Essentials of Safe Care		
Essentials of Safe Care	The package outlines the essentials identified as being central to supporting the safe delivery of care in any setting . Each essential provides a range of information and resources . It also includes an interactive driver diagram , guidance to support measuring changes and improvement and access to a learning system to share and hear from others working on similar improvement.	This package enables Scotland's health and social care system to deliver safe care.
Primary Care Learning System		
Primary Care Resilience Webinar Series	The series allows you to explore our eight webinars and associated resources to hear from a broad range of speakers sharing learning and insights on current and relevant topics in primary care.	They support the sharing of learning across primary care services.